

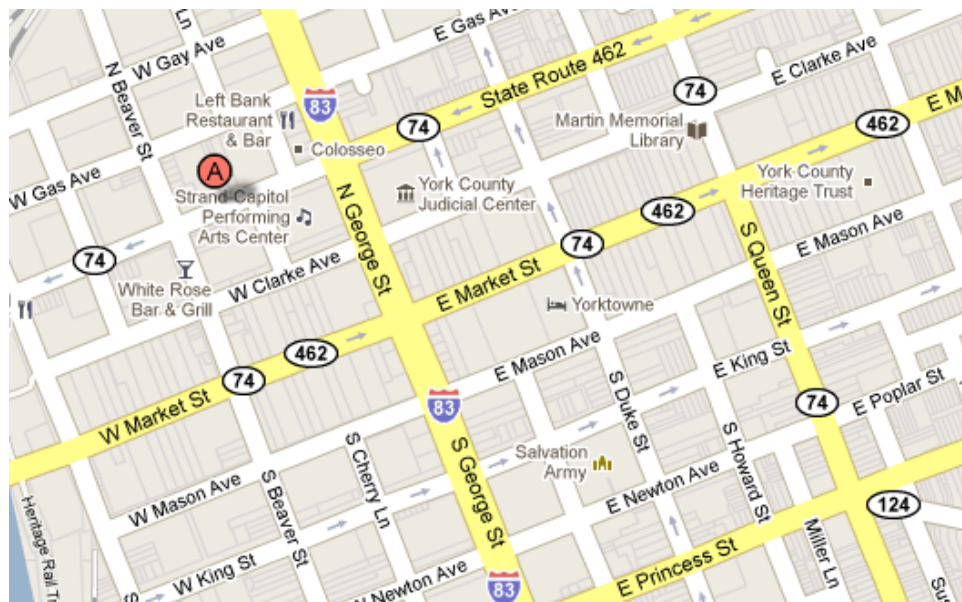
Directions to York Central Market: 34 W Philadelphia St, York, PA 17401 (717) 848-2243.

From Harrisburg: Take I-83S to the PA-181N exit, Exit 22, toward US-30/Manchester. Go .2 miles and turn right onto N George St. Continue to follow N George St for 1.9 miles. Turn right onto W Philadelphia St.

From Gettysburg: Take US-30 East toward York. Merge onto Rt 462/Market St towards downtown York. Turn left onto N Duke St. Go one block and turn left onto W Philadelphia St.

From Baltimore: Take I-83N to the I-83 Business exit, Exit 15, toward S. George St. Continue to follow S. George St for 3.6 miles. Turn right on E. Market St. Go one block and turn left on N. Duke St. Go one block and turn left onto W Philadelphia St.

From Lancaster: Take US-30 West to York. Turn left on N Sherman St. Go .9 miles and turn right onto E Philadelphia St/PA 462 W. Go 1 mile to the Central Market.



YORK, PA

York White Rose Wanderers

Invite you to our

York Winter Walks



York Central Market

York County

5K & 10K Walk Events
AT12/91177 & AT12/91300
Sat, Feb 4 – Sun, Feb 5, 2012



SANCTIONED
EVENT



Eligible for credit toward
IVV Achievement Awards

York, PA

Two Walk Events

DATE: Saturday, Feb 4 – Sunday, Feb 5, 2012

SPONSOR: York White Rose Wanderers, AVA-236

SANCTIONED BY: This event is sanctioned by the American Volkssport Association (AVA), a member of the International Federation of Popular Sports. This event counts towards the acquisition of IVV Achievement awards.

PROCEDURE: AVA policy requires that every participant, fee or non-fee, sign the insurance waiver and obtain a numbered start card which is stamped at control points along the course. At the Finish, the validated card is turned in and IVV books are stamped for official credit, if the credit fee has been paid. The trail may be walked a second time on the same day using the same start card at no additional cost.

ELIGIBILITY: Everyone is welcome to participate. Children 12 and under must be accompanied by an adult. Walk at your own pace. Runners are welcome!

REGISTRATION and FEES: This event is free to those who wish to participate without IVV credit. IVV credit is \$3.00. IVV credit w/ "A" Award is \$7.00. There is no pre-registration.

CONDITIONS: The event will be held regardless of the weather. There will be no littering. Wildlife and plant life are not to be disturbed. No refunds. Pets must be on a leash at all times and are not permitted in any buildings. Please clean up after your pet.

PARKING: There is free parking across the street from the Central Market at the Philadelphia Street Garage. If this garage is closed, there is also parking at the King St Garage and the Market St Garage. There is a free parking lot at the corner of Philadelphia St and Beaver St. There is also free on-street parking on Sundays.

AWARD: 5" patch for the Lincoln Highway Program for York County.

REFRESHMENTS: Food and beverages will be available for sale at the Central Market.

RESTROOMS: Restrooms are available at the start and at occasional businesses along the way.

DISCLAIMER: The sponsors are not liable for accidents, thefts and/or material damage. Reasonable effort will be made by the sponsors to make this a safe, enjoyable and memorable event.

FOR MORE INFORMATION: Contact ywrw@hotmail.com or Gloria Reedy, 6541 Old Carlisle Rd, Dover, PA 17315; (717) 292-3777, cell (717) 309-4894, or reedygm@netzero.net or Pat Strausbaugh, 2535 Midpine Dr, York, PA 17404, (717) 764—6150, pwstrausbaugh@comcast.net.

AVA Event AT12 /91177 5K and 10K Trails, rated 1A
AVA Event AT12/91300 5K and 10K Trails, rated 1A
Start between 8:00 am and noon; finish by 3:00 pm

Start Location: York Central Market, 34 W Philadelphia St, York, PA 17401

Central Market is an historic downtown farmers market operating continuously since 1888 and is listed in the National Register of Historic Places. Significant improvements have been made to the Central Market since last year. Vendors offer the full range of produce, fresh seafood, meats, deli products, and many specialty items. There is a varied selection of lunch and breakfast offerings. Most of the vendors will be closed on Sunday.

TRAIL DESCRIPTIONS:

Center City Trail (AT12/91177) This route generally covers the area north and east of downtown York. It passes the Sovereign Bank Stadium (home of the York Revolution baseball team), the Korean War Memorial, and historical areas on East and West Market St. Market Street was the original route of the Lincoln Highway as it passed through York.

Special Programs: America's Baseball Walks, Murals, Classic Cinemas, Honoring Law Enforcement, and KSVA Lincoln Highway Program.

East/West Trail (AT12/91300) This route generally covers the area north and west of downtown York between the Central Market and the York Fairgrounds. It passes the Vietnam War Memorial, Fire House Museum, Strand-Capitol Performing Arts Center, and the Sovereign Bank Stadium. Parts of the route are on Market Street which was the original route of the Lincoln Highway as it passed through York.

Special Programs: Murals and KSVA Lincoln Highway Program.

Short trails may not qualify for all listed programs.

YORK WHITE ROSE WANDERER WALKS: Don't forget to take in one of our Year Round Events while in this area. There are six walks along the York Heritage Rail Trail south of York. One can be accessed easily from the Central Market. There are also three walks in Gettysburg, one in Hanover, and one in Littlestown.