



## Washington DC Area Volksmarching Club

# WANDERFREUNDE

August 2009

### A Note from the President

Summer weather finally arrived for real in early August, but despite a few days in the upper 90s, the long-lasting, the debilitating conditions we often experience during "the dog days" have yet to materialize. The relatively mild summer hopefully has enabled many of you to enjoy some pleasant walks here in this area or as your travel.

A special report later in this issue reports about the experiences of some of our club members during the AVA convention, which was held in the sweltering heat of late June in the Dallas-Fort Worth metroplex. Feel free to forward your accounts of some walks (with or without Domey) for future issues of this newsletter.

Our July evening walk was a pleasant one, with walkers crisscrossing the streets of Old Town Alexandria in a lattice-weave pattern. Another new trail will await evening walkers on Tuesday, August 18, as a Cheryl Eavey-designed trail called the "Riverfront Ramble" will allow you to zig-zag your way along the Potomac waterfront and on nearby streets. As always, our official hours for the evening walks are a "start window" of 4:30-5:30 PM with all walkers finishing by 8:30, but we usually can assist walkers who arrive up to a half-hour early or a half-hour or so late.

Other late summer activities will be continued planning for what will be the WDCAVC's 30th Anniversary Walk. Having organized walks throughout the metro area, it's appropriate that our club's anniversary walk will start in Virginia, cross D.C. and explore some of Maryland before returning via D.C. to the Old Dominion. The first volksmarch across the new Wilson Bridge should be a fun event, so make plans to walk (and maybe work) on Saturday, October 10.

## ***CALLING ALL WDCAVC MEMBERS***

The Washington D.C. Area Volksmarching Club is completing its 30th year in 2009!

If you are a former member or a current member who has not participated in club activities for a while, or if you know any club members who can share your Volksmarching adventures or tales of the "early days" of the club, please contact one of the club officers. We would like to see as many long-time members as well as current and new members at our celebratory event in Old Town Alexandria on October 10.

President: Tom Baerwald (703-765-3128;  
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Vice-President: Nancy Stenger, (402-834-0338;  
zinger.stenger@yahoo.com)

Secretary: Sandi Cahill (703-329-3721;  
scahill@alexandria.lib.va.us)

Treasurer: Marshall Hansen (301-588-1913;  
marshallhansen17@gmail.com)

Planning also is getting serious for our annual Old Town holiday event, which this year will be held only on Saturday, December 5, with one trail.

Please plan to join us for future walks, and get out in this fine weather to stay in good walking shape. A look at the Atlantic Regional calendar for the fall tells us we'll have many fine walks to enjoy in the coming months, so prepare for them now with fun, fitness, and fellowship.

Enjoy your walks and all else you do!

Thomas Baerwald, WDCAVC President

## Minutes of the WDCAVC Meeting

May 19 and July 21, 2009

My apologies to all who have been waiting for my minutes for the past two meetings. I have apparently misplaced them beyond my own searching abilities. I have torn apart my work and home paper collections and cannot find either of them. I will continue to search and have them available at the next meeting.

So sorry,

Sandi Cahill, WDCAVC Secretary

### Domey Does Dallas

(Observations of the 2009 AVA Convention as Transcribed by WDCAVC Delegate Sandi Cahill)

Domey had a big adventure this summer when he attended the 16th biennial AVA convention, which was held in the Richardson Renaissance Hotel in Richardson, Texas, a northern suburb of Dallas. Five WDCAVC club members encountered Domey at meetings, in exhibit time, during socials, and on the walks. It was very hot, even for local Texans. The first day was 99 degrees, and each day the temperature got another degree higher. The temperature during the last walk was 105! Many walkers opted for 5-KM trails in order to "endure" for the whole week. The Downtown Dallas Underground and Skywalk event was the most popular event because it enable walks to avoid the heat.

Each walk was accessible from the DART or TRE light-rail system. Four of the five convention events were available throughout the week so walkers could do them on their own schedules, even if the sponsoring clubs were only at the sites during the preferred times with water and orange slices. At the White Rock Lake walk, Domey was challenged to keep track of people who are members of his club. He started with Paul Lamb. Sandi Cahill saw him go under a highway bridge as she was crossing it, but he did not see her. She caught up with him at the first checkpoint. While Sandi continued on the 10-KM trail, Paul headed back and encountered Nelson and Marlene Cahill,

who were starting out. Nelson and Marlene then saw Sandi on another crossover, but she did not see them. Marlene had a discussion with Domey about *not* getting in the lake. Domey then did the lake walk again when Carl Cordes did it later that day.

Domey has developed many interests through volksmarching, which are fairly easy to pursue during conventions. Walking in new areas always gives our club members opportunities to see places they haven't been before. Some like to add other activities to walking, especially if they can spend part of the time inside away from whatever extreme weather is happening. There are always museums or sporting events as well as shopping for those who want them. Everyone was at the Texas barbecue, complete with rodeo videos and armadillo races. Nelson and Marlene had guests with them during the week, so they did some sightseeing activities with their walks and the socials. Carl spent time meeting people from all over. Sandi found libraries to visit or photograph. And of course, all the meetings, workshops, exhibits, and events kept everyone very busy. Both Carl and Sandi won prizes with Domey's help. Domey got a close-up observance of parliamentary duties by sharing the front table with Paul in the meetings.

Domey used his travel magic to escort everyone safely home after a very enjoyable week, in spite of the heat. Carl went to Florida, Paul and another walker headed to Arizona, Nelson and Marlene took off for "wherever," and Sandi returned to Virginia after doing the post-convention events in Shreveport, Louisiana, and Hope, Arkansas, with detours in Arkansas and Mississippi to see family and friends. Domey enjoyed a nice rest on Independence Day while he prepared to take club members on more adventures.

*Plan to attend upcoming club meetings on the 3rd Tuesdays of each month (August 18 and September 15) at the Barrett Branch Library (717 Queen St., Alexandria VA), which also is the Start/Finish Point of our evening walks.*

## Atlantic Region Schedule

Aug 2009	Type	Sponsoring Club	Event Location	Contact Phone
15	W	Columbia Volksmarch Club	Columbia MD (Lakeside Coffee & Cafe)	410-290-6510
16	W	Princeton Area Walkers	Franklin Twp NJ (Colonial Park)	732-828-3616
<b>18</b>	<b>NW</b>	<b>Washington DC Area VM Club</b>	<b>Alexandria VA (Barrett Branch Library)</b>	<b>703-765-3128</b>
22	W	Piedmont Pacers	Hagerstown MD (Augustoberfest Fest Tent)	410-795-7855
29	W	Annapolis Amblers	Annapolis MD (Annapolis Maritime Mus)	410-960-6226
Sept 2009	Type	Sponsoring Club	Event Location	Contact Phone
11	W	Freestate Happy Wanderers	Laurel MD (Montpelier Art Center)	301-717-3604
12	W	Piedmont Pacers	Brookeville MD (Rachel Carson Cons Park)	301-829-3685
12	W	Peninsula Pathfinders	Newport News VA (Riverview Farm Park)	757-890-9220
12	W	Northern Virginia Volksmarchers	Meadowlark Botanical Gardens Reg Pk	703-591-6579
12	W	Susquehanna Rovers VM Club	Fort Loudon PA (Cowans Gap State Park)	717-599-5033
14	NW	Northern Virginia Volksmarchers	Fairfax Station VA (Fairview Elem Sch)	703-455-1878
<b>15</b>	<b>NW</b>	<b>Washington DC Area VM Club</b>	<b>Alexandria VA (Barrett Branch Library)</b>	<b>703-765-3128</b>
19	W	Gator Volksmarsch Club	Norfolk VA (Van Wyck Branch Library)	757-490-9324
19	W	Great Greenbelt Volksmarchers	College Park MD (College Park Airport)	301-937-3549
19	W	Penn-Dutch Pacers Volksmarch Club	Elizabethtown PA (Masonic Village)	717-625-3533
20	W	Liberty Bell Wanderers	New Britain PA (Peace Valley Park)	215-317-3326
26	W	Virginia Vagabonds	Norfolk VA (San Antonio Sam's)	757-490-9324
26	W	Loudoun Walking & Volkssport Club	Lovettsville VA (Game Preservation Assn)	703-737-2175
26	W	Freestate Happy Wanderers	New Market MD (Grange on South Alley)	410-531-3873
26	W	Liberty Bell Wanderers	Philadelphia PA (Pennypack Park)	215-322-5759
27	2W	Columbia Volksmarch Club	Ellicott City MD (Centennial Park)	410-290-6510
Oct 2009	Type	Sponsoring Club	Event Location	Contact Phone
3	W	Peninsula Pathfinders of Virginia	Fort Eustis Transportation Museum	757-490-9324
3	W	Piedmont Pacers	Frederick MD (Fairgrounds)	410-795-7855
3	2W	York White Rose Wanderers	Stewartstown PA (Naylor Wine Cellars)	717-843-0840
3-4	W	Ft Belvoir Outdoor Rec/DMWR Special Events	Ft. Belvoir Oktoberfest Site	703-805-1488
4	W	Annapolis Amblers	Annapolis MD (West Annapolis)	410-224-0907
4	W	Liberty Bell Wanderers	Perkasie PA (Menlo Park)	215-529-5686
<b>10</b>	<b>W</b>	<b>Washington DC Area VM Club</b>	<b>Alexandria VA (Barrett Branch Library)</b>	<b>703-765-3128</b>
10	W	Lee Lepus Volksverband	Midlothian VA (Sunday Park)	804-768-0055
10	W	Baltimore Walking Club	Joppatowne MD (Redner's Warehouse Market)	410-638-7043
10-11	2w	Baloney Stompers	Colebrook PA (Pavilion)	717-272-0655
11	W	Seneca Valley Sugarloafers	Gaithersburg MD (Potomac Pizza)	301-926-8580

15	W	Gator Volksmarsch Club	Norfolk VA (402 Pembroke Ave)	757-490-9324
16-18	W	U.S. FreedomWalk Festival	Arlington VA (Holiday Inn-Rosslyn at Key Bridge)	703-583-5006
17	W	U.S. FreedomWalk Festival	Arlington VA (Holiday Inn-Rosslyn at Key Bridge)	703-583-5006
18	W	U.S. FreedomWalk Festival	Arlington VA (Holiday Inn-Rosslyn at Key Bridge)	703-583-5006
23	W	Liberty Bell Wanderers	Indiana PA (Indiana Ice Center)	215-699-9246
24	W	Nittany Nomads	Clarion PA (Chamber of Business & Industry)	724-482-5034
24	W	Liberty Bell Wanderers	Punxsutawney PA (Barklay Square Park)	215-699-9246
24	W	Loudoun Walking & Volkssport Club	Lucketts VA (Tarara Winery)	703-737-2175
24-25	W	First State Webfooters	Rehoboth Beach DE (Henlopen Hotel)	302-697-1191
25	W	Nittany Nomads	Clearfield PA (YMCA)	814-238-1741
31	W	Germanna Volkssport Association	Fredericksburg VA (Motts Run Reservoir Recreation Area)	540-786-6550
<b>Nov 2009</b>	<b>Type</b>	<b>Sponsoring Club</b>	<b>Event Location</b>	<b>Contact Phone</b>
1	W	Germanna Volkssport Association	Fredericksburg VA (Motts Run Reservoir Recreation Area)	540-786-6550
1	NW	Seneca Valley Sugarloafers	Gaithersburg MD (Seneca Creek State Park)	301-977-9547
7	W	Chesapeake Bay Country Wanderers	Gambrills MD (Maryland Sunrise Farm)	301-805-4278
13-14	W	York White Rose Wanderers	Gettysburg PA (1863 Inn)	717-677-6511
14	S	York White Rose Wanderers	Gettysburg PA (YMCA)	717-677-6511
14	W	York White Rose Wanderers	Gettysburg PA (Adams County Winery)	717-677-6511
14	W	Seneca Valley Sugarloafers	Rockville MD (Municipal Swim Center)	301-946-5496
15	W	York White Rose Wanderers	Gettysburg PA (1863 Inn)	717-677-6511
27-28	4W	Susquehanna Rovers Volksmarsch Club	Hershey PA (Hershey Recreation Center)	717-761-1338
29	W	Penn-Dutch Pacers Volksmarsch Club	Lititz PA (Freeze & Frizz)	717-625-3533
<b>Dec 2009</b>	<b>Type</b>	<b>Sponsoring Club</b>	<b>Event Location</b>	<b>Contact Phone</b>
<b>5</b>	<b>W</b>	<b>Washington DC Area VM Club</b>	<b>Alexandria VA (Barrett Branch Library)</b>	<b>703-765-3128</b>
11-12	NW	Peninsula Pathfinders of Virginia	Williamsburg VA (Clarion Hotel)	757-766-3065
11-13	S	Peninsula Pathfinders of Virginia	Williamsburg VA (Clarion Hotel)	757-766-3065
12-13	W	Peninsula Pathfinders of Virginia	Williamsburg VA (Clarion Hotel)	757-766-3065
12	W	Annapolis Amblers	Annapolis MD (Annapolis Athletic Club)	410-867-7511
16	NW	Great Greenbelt Volksmarchers	Greenbelt MD (Generous Joe's Deli)	301-937-3549
19	NW	Germanna Volkssport Association	Fredericksburg VA (Visitor Center)	540-786-6550
19	W	Baltimore Walking Club	Baltimore MD (Rotunda)	410-252-3165
19	W NW	Virginia Volkssport Assn	Washington DC (TBD)	757-766-3065
20	W	Northern Virginia Volksmarchers	Springfield VA (Asian Grill)	703-455-1878
26	W	Virginia Vagabonds	Hampton VA (TBD)	757-766-3065
31	2W	Freestate Happy Wanderers	Columbia MD (Owen Brown Comm Center)	410-437-2164
31	W	Gator Volksmarsch Club	Smithfield VA (Smithfield Station)	757-490-9324

Legend: W=Walk, GW=Guided Walk, GNW=Guided Night Walk, NW=Night Walk, B=Bike, S=Swim, Sk=Ski, IS=Ice Skate, RS=Roller Skate, SS=Snowshoe