



# Washington DC Area Volksmarching Club

# WANDERFREUNDE

January 2009

## **JANUARY 2009 BUSINESS MEETING WILL BE HELD ONE WEEK LATE ON JANUARY 27**

Because the Barrett Branch Library was closed on the 3rd Tuesday of this month for the Inauguration and Inauguration-related travel problems abounded throughout the Washington DC area, WDCAVC officers decided to postpone the January business meeting for one week and hold it on Tuesday, January 27. The club's overly distracted President/Newsletter Editor circulated an e-mail message to all members with e-mail addresses a few days before January 20, and he hopes nobody braved the mobs to come to the library to find it closed that evening.

The January 27 meeting will be held in the usual meeting room in the Barrett Branch Library at 717 Queen St. in Old Town Alexandria starting at 7:00 PM. Please join us if you can do so.

### **A Note from the President**

A new year has arrived, and with a weakened economy and a new POTUS (President of the United States), it promises to be a very interesting, sometimes stressful, and potentially exhilarating year.

Before I proceed, let's wrap up some "loose ends" from 2008.

Despite our need to relocate the starting point from the George Washington Masonic National Memorial to the Barrett Branch Library just one month before the event, the 26th annual Alexandria Holiday Walk proved to be a solid

success. While some walkers may have experienced some problems finding parking very close to the start point and our policy of offering extra distance credit to all who had to walk lengthy distances from their parking spots or the Metro station caused great distress to the desire for consistency on the part of our official finisher, very few complaints were registered by walkers. The Old Town trail designed by Marshall Hansen drew many compliments, and a busload of walkers from the Hampton Roads area had an enjoyable day of walking, shopping, dining, and parade-watching.

The total number of walkers for the weekend is as follows:

	Award	Credit	Free	Total
Old Town Trail	50	137	5	<b>192</b>
Del Ray Trail	5	44	25	<b>74</b>
<b>Total</b>	<b>55</b>	<b>181</b>	<b>30</b>	<b>266</b>

Following are the individuals who I remember as working that weekend:

- Steve Arnett                      Jean Krivjansky
- Tom Baerwald                    Patty Proulx
- Sandi Cahill                      George Satterthwaite
- Skip Coburn                      Nancy Stenger
- Marshall Hansen                Ken Wilson

If I have forgotten anyone, I will deeply apologize and add special recognition of her/him/them in next month's newsletter (which actually should appear in about 10 days or so).

One of the issues we need to address in the coming months is whether, where, and when to conduct the 27th annual Alexandria Holiday

Event. Those working at the event this year discussed a range of possible options, including finding another start point in Old Town or nearby so that a two-day/two-walk event could again be conducted. Other options include keeping the start point at the Barrett Branch Library, reducing the event to only one day, and/or offering only one trial. The possibility of dropping the event altogether also has been mentioned.

In a similar way, we have talked about but made little headway in identifying scheduled events for the spring and autumn of 2009. The club's future event -- and for that matter, the future of the club in all other respects -- will be on the agenda at upcoming meetings. All WDCAVC members (not just the steadily diminishing core group that attend meetings and provide most staffing for scheduled events) should think about our club's future and share their thoughts with us, either at our meetings or through communications with club officers.

The e-mail addresses of our officers are: President Tom Baerwald (tbaerwal@nsf.gov), Vice President Nancy Stenger (walkvirginia@verizon.net); Secretary Sandi Cahill (scahill@alexandria.lib.va.us), and Treasurer Marshall Hansen (marshallhansen17@gmail.com). If you prefer to communicate by good ol' fashioned regular mail, please send your thoughts to me at 7735 Wellington Rd; Alexandria VA 22306.

The winter season has its usual shortage of scheduled walks, although the festive York PA event will be held this coming weekend (Jan 31-Feb 1). In addition to the walk, enjoy York's old-style farmers market indoors in the heart of downtown, and stock up on your animal crackers at the Stauffer's cookie factory outlet store. Even as you rely on YREs for most of your walks, be sure to get out on the trail and burn some extra calories to stay in good shape. Enjoy your walks and all else you do! Tom

Thomas Baerwald, WDCAVC President

## **Minutes of the WDCAVC Meeting**

Tuesday, November 18, 2008

The annual dinner meeting was opened at 7:00 PM by President Tom Baerwald at the Southside 815 restaurant. In attendance were Pat Arnett, Steve Arnett, Kathryn Baerwald, Sandi Cahill, Marshall Hansen, Nancy Stenger, and Ken Wilson.

The treasurer had a question regarding the web page. He said the YRE had 184 participants to date. The secretary's report was accepted as published.

In member news, it was noted that club member Carl Cordes is no longer the Voice of AVA. Nancy Stenger is moving to Hastings NE shortly after the holiday event.

The holiday event has run into difficulty due to unavailability of the Masonic Memorial as a start/finish location. The Barrett Branch of the Alexandria Library has agreed to allow the event to run from its lounge, which has an outside entrance so library activity will not be disrupted by the Volksmarch. Workers may enter the Columbus St. side of the building at 8:00 AM to set up. With operation space limited the field tables may be needed, or else the library has some long tables. If groups other than the WDCAVC ask to meet in the library they must be told "No." Trails have been revised to fit the location. Signs may be placed on library grounds the night before the event. It was decided to not place signs in the parking lot of the Masonic Memorial. Walkers should be consulting web sites for current information. Nancy has the worker sign in. IVV stamps are here. Club members will have a pizza dinner on Saturday after the event closes.

Pre-walk for one trail will be Sunday Nov. 22 at 9:00 AM. Trail choice will be determined by the walkers who show up. Members are encouraged to get the directions from Tom or Marshall, self-walk either trail as soon as possible, and report any concerns.

The night walks are being submitted for April, May, July, August, and September 2009. All will begin at the Barrett Library.

Sandi confirmed she will be able to attend the MVA meeting in Columbia, Md. on Dec. 31.

With discussion becoming more about the delicious food and less on business the meeting was adjourned. Due to the Library being closed on January 20 for Inauguration Day, the next meeting is scheduled for January 27, 2009.

Respectfully submitted,

Sandi Cahill  
Secretary

## Atlantic Region Schedule

<b>Feb. 2009</b>	<b>Type</b>	<b>Sponsoring Club</b>	<b>Event Location</b>	<b>Contact Phone</b>
Jan 31- Feb 01	2W	York White Rose Wanderers	York PA (York City Ice Arena)	717-764-6150
21	W	Freestate Happy Wanderers	Bowie MD (Maryland American Veterans Post)	410-572-5574
28	2W	Baltimore Walking Club	Baltimore MD (DuBurns Arena)	410-592-3171
<b>Mar 2009</b>	<b>Type</b>	<b>Sponsoring Club</b>	<b>Event Location</b>	<b>Contact Phone</b>
01	2W	Baltimore Walking Club	Baltimore MD (DuBurns Arena)	410-592-3171
14	W	Baltimore Walking Club	Perry Hall MD (Honeygo Run Regional Park)	410-668-1614
21	W	Columbia Volksmarch Club	Marriottsville MD (Patapsco Valley State Park, McKeldin Area)	410-290-6510
28	W	Freestate Happy Wanderers	Laurel MD (Comfort Suites)	410-437-2164
28	W	Virginia Vagabonds	Gloucester VA	757-766-3065
<b>Apr 2009</b>	<b>Type</b>	<b>Sponsoring Club</b>	<b>Event Location</b>	<b>Contact Phone</b>
04	W	Virginia Vagabonds	Poquoson VA (TBD)	757-766-3065
04	W	Baltimore Walking Club	Annapolis (Germantown Elem School)	410-224-0907
11	W	Lee Lepus Volksverband	Blackstone VA (TBD)	804-768-0055
13	NW	Northern Virginia Volksmarchers	Fairfax Station VA (Fairview Elem Sch)	703-455-1878
18	W	Piedmont Pacers	Damascus MD (Damascus Rec Park)	301-829-3685
18	W	Loudoun Walking & Volkssport Club	Sterling VA (Claude Moore Park Ed Center)	703-737-2175
21	NW	Washington DC Area VM Club	Alexandria VA (Barrett Branch Library)	703-765-3128
25	W	Loudoun Walking & Volkssport Club	Leesburg VA (St John's Parish Center)	703-737-2175
25	W	Penn-Dutch Pacers Volksmarch Club	Brownstown PA (West Earl Comm Park)	717-624-3533
26	W B	Baltimore Walking Club	Stevensville MD (Kentmorr Marina)	410-242-3982
25	W	Peninsula Pathfinders	Williamsburg VA (Waller Mill Park)	757-890-9220
<b>May 2009</b>	<b>Type</b>	<b>Sponsoring Club</b>	<b>Event Location</b>	<b>Contact Phone</b>
02	W	Germanna Volkssport Association	Fredericksburg VA (Ferry Farm Visitor Center)	540-786-6550

02	W	Seneca Valley Sugarloafers	Kensington MD (Safeway)	301-946-5496
02	2W	York White Rose Wanderers	York PA (John Rudy County Park)	717-267-9387
09	W	Peninsula Pathfinders	Hampton VA (Sandy Bottom Nature Park)	757-722-5637
09	W	Liberty Bell Wanderers	Huntingdon Valley PA (Lorimer Park)	215-354-1723
11	NW	Northern Virginia Volksmarchers	Fairfax Station VA (Fairview Elem Sch)	703-455-1878
16	W B	Maryland Volkssport Assn	Dickerson MD (White's Ferry, C & O Canal)	717-337-1667
16	W	Loudoun Walking & Volkssport Club	Leesburg VA (Morven Park Equestrian Center)	703-737-2175
16	W	Gator Volksmarsch Club	Norfolk VA (Lafayette Branch Library)	757-490-9324
18	W	First State Webfooters	Smyrna DE (Bombay Hook National Wildlife Refuge)	302-697-1191
19	NW	Washington DC Area VM Club	Alexandria VA (Barrett Branch Library)	703-765-3128
30	W	Virginia Vagabonds	Hampton VA (TBD)	757-766-3065

Legend:

W=Walk, GW=Guided Walk, GNW=Guided Night Walk, NW=Night Walk, B=Bike, S=Swim

Sk=Ski, IS=Ice Skate, RS=Roller Skate, SS=Snowshoe