

ACKNOWLEDGEMENTS: The cooperation and assistance of the LaSalette Shrine staff for providing the start location, the Attleboro Area Industrial Museum for the checkpoint, the Capron Zoo staff, the city of Attleboro, plus the time and talent of all the walk volunteers to make this walk a reality are greatly appreciated.

“The Walking Company,” an AVA national sponsor, provided our Event Cards.



CONDITIONS: This event will be held regardless of weather conditions. Prepaid registrations not claimed are invalid and the fee is forfeited. No refunds for any reason.

DISCLAIMER: The sponsors of this event cannot be held responsible for any lost or stolen items, accidents or injury at any time. Every reasonable effort will be made to make this event safe and enjoyable. By virtue of registering for this event, the participant agrees to the conditions set forth herein.

SANCTION & IVV CREDIT: This event has been sanctioned by the American Volkssport Association (AVA) and the International Federation of Popular Sports (IVV) and is conducted under the rules of those governing organizations. Fee paying participants will be eligible to earn IVV credit for event and distance. Event and Distance Books will be available for \$5.00 each at the Start/Finish. Participants who have previously purchased books are reminded to bring them.

5km walkers will receive directions and parking instructions to the 5km trail start after completing registration at the LaSalette Shrine.

Fun, Fitness, Friendship™

DIRECTIONS:

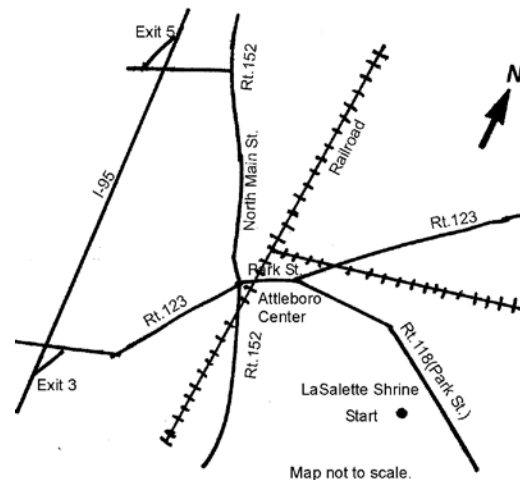
From Boston and points North:

1. South on I-95 to Exit 5 (Attleboro/North Attleboro).
2. **LEFT** at top of ramp, going over I-95. Bear **RIGHT** onto Rt. 152 South (N. Main St.).
3. **LEFT** at third set of lights (approximately 1½ miles) onto Park Street.
4. Go straight through 2 more traffic lights through Attleboro Center staying on Park Street (Rt. 118).
5. LaSalette Shrine is on the right side of Park Street after 2½ miles.

From Providence RI and points South:

1. North on I-95 to Exit 3 (Rt. 123 Attleboro and Norton).
2. **RIGHT** at end of ramp onto Rt. 123.
3. At second set of lights, turn **LEFT** and continue on Route 123.
4. Go through 4 more traffic lights through Attleboro Center taking you to Rt. 118 (Park St.).
5. LaSalette Shrine will be on the right on Park St. after approximately 2½ miles.

In Attleboro, there are directional signs to LaSalette Shrine.



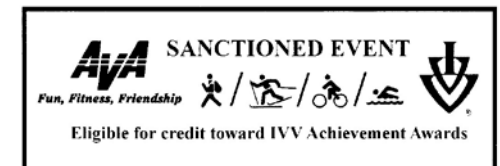
Attleboro Massachusetts Holiday 5km and 10km Walks at LaSalette Shrine

sponsored by
Walk 'n Mass Volkssport Club
www.ava.org/clubs/walkmass

**Authors and Literary Landmarks,
Artistic Heritage, Cemetery Stroll,
Courthouses USA, Firehouses, Historic Churches,
Hooray for Hollywood, Museums,
Railroad Heritage, Riverwalk America, and
Veteran Memorial Event**



**Saturday, December 5, 2009
Start: 11 a.m. to 2 p.m.**



Event Number: NE 09/83781

