

**ACKNOWLEDGEMENTS:** Many thanks are extended to Reverend Colon Wright, who graciously provided our start location at the Emmanuel Assembly of God Church, and to the Onset Bay Association Point Independence Yacht Club for providing the checkpoint location. Greatly appreciated are all the walk volunteers who contributed their valuable time and talent to make this walk a reality and memorable event.

“The Walking Company,” an AVA national sponsor, provided our Event Cards.



**REFRESHMENTS:** Water and hard candy are provided at the Start/Finish and checkpoint. You may carry refreshments, but please do not litter.

**CONDITIONS:** This event will be held regardless of weather conditions. Prepaid registrations not claimed are invalid and the fee is forfeited. No refunds for any reason.

**DISCLAIMER:** The sponsors of this event cannot be held responsible for any lost or stolen items, accidents or injury at any time. Every reasonable effort will be made to make this event safe and enjoyable. By virtue of registering for this event, the participant agrees to the conditions set forth herein.

**SANCTION & IVV CREDIT:** This event has been sanctioned by the American Volkssport Association (AVA) and the International Federation of Popular Sports (IVV) and is conducted under the rules of those governing organizations. Fee paying participants will be eligible to earn IVV credit for event and distance. Event and Distance Books will be available for \$5.00 each at the Start/Finish. Participants who have previously purchased books are reminded to bring them.

**DIRECTIONS:**

**From Route 495 South:**

1. Route 495 South, which becomes \*\* Route 25 to Exit 2 (Wareham/Onset Rt. 28/6 East).
2. **RIGHT** off exit onto Route 28/Cranberry Highway to third traffic light—Depot Road.
3. **RIGHT** on Depot Road to Onset Avenue.
4. Bear **LEFT** on Onset Avenue to 10<sup>th</sup> Street.
5. **LEFT** on 10<sup>th</sup> Street to parking lot on right.

**From Route 95/128 South:**

1. Route 95/128 South to 93 North to Route 3 South to Route 6 West.
2. Route 6 West to Onset Avenue.
3. **LEFT** on Onset Avenue to Union Avenue.
4. **RIGHT** on Union Avenue to 10<sup>th</sup> Street.
5. **LEFT** on 10<sup>th</sup> Street. Parking lot on left.

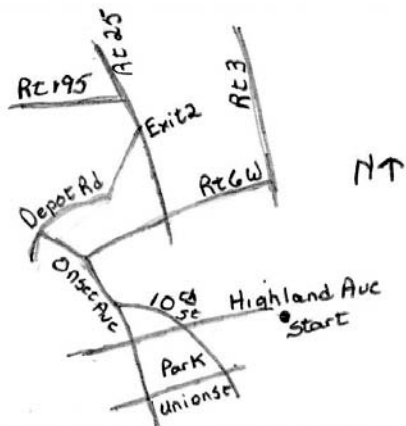
**From Providence:**

1. Take Route 195 East to end at Route 25.
2. Follow from \*\* above.

**PARKING:**

In the Municipal Parking Lot on the corners of 10<sup>th</sup> and Union, across from Lopes Field with tennis courts.

**To Start:** Exit left from parking lot toward fire station to **STOP sign—Highland Avenue. RIGHT on Highland to church on right.**



Map not to scale.

# Onset Massachusetts

## 5km and 10km Walks

*in a Seaside Village*

sponsored by

Walk 'n Mass Volkssport Club

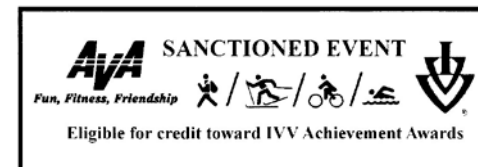
[www.ava.org/clubs/walknmass](http://www.ava.org/clubs/walknmass)

Authors and Literary Landmarks, Artistic Heritage, Cemetery Stroll, Fire House, Historic Churches, Hooray for Hollywood, Liberty Bell, Native American Culture and Veterans Memorial Event



**Saturday, September 26, 2009**

**Start: 9 a.m. to 1 p.m.**



**Event Number: NE 09/83185**

**Fun, Fitness, Friendship™**



**WELCOME!** The Walk 'n Mass Volkssport Club invites you to participate in either the 5km (3.1 miles) or 10km (6.2 miles) walks in Onset, MA, a popular vacation spot with its picturesque village and sandy beaches. Anyone may participate regardless of age or physical fitness. A non-competitive event,

this walk is accomplished at your own pace along a prescribed and marked 5km (3.1 miles) or 10km (6.2 miles) route. These walk routes are suitable for baby strollers and doable for wheelchairs. Children under the age of 12 must be accompanied by an adult. Leashed pets are welcomed, and clean-up laws apply.

**START/FINISH:**

Emmanuel Assembly of God Church  
15 Highland Avenue  
Onset, MA 02558

**START TIME:** Saturday, September 26, 2009  
9 a.m. to 1 p.m.

**FINISH TIME:** by 4 p.m.

**REGISTRATION AND FEES:** This event is **FREE** to those who wish to participate without receiving an award or IVV Credit. Advance registration for the award and IVV Credit is \$5.00, and must be received by **September 11, 2009**.

In-person registration on the walk day for an award and IVV Credit will be \$6.00. Registration for IVV Credit only is \$3.00.

**PROCEDURE:** Each participant must register, fill out a Registration Card, and sign an insurance waiver at the start. Cards are validated at a checkpoint along the route, and must be turned in at the finish table after completing the event. This procedure is necessary to keep track of participants.

**FACILITIES:** Restrooms are located at the Start/Finish, the checkpoint and along the walk routes.

**SPECIAL NOTE:** Please bring a non-perishable food item to donate to the Assembly of God Food Pantry. Your generosity is appreciated.

**AWARD:** The award for this event is a choice of two six-inch ceramic shells. The walk route passes Shell Point, a sandy beach popular for shell hunting. *A limited number of shells are available, and there is no reorder. Pre-registration is recommended.*

**TRAIL DESCRIPTIONS:** Onset Village is often referred to as "Onset the Beautiful." It is a scenic village with streets lined with graceful and elegant cottages that overlook a sandy white beach in a tranquil bay. Initially, this area was the summer fishing grounds of the Wampanoags. Once a part of Wareham Township, it was granted village status in 1877. In its early years, Spiritualism and beauty became synonymous with Onset. Today, Onset is a popular vacation spot for families seeking a beach with calm waters.

Both the 5km and 10km walk routes visit Onset Village dotted with magnificent Victorian homes, modest summer places, and several hotels of which the Oakcrest and Anchor Inns were the film sites of the movie, *Kennedys of Massachusetts*. Much of this route has spectacular views of Onset Harbor and bay; the 10km route also goes to the town cemetery. Both walk routes are on paved sidewalks with rolling terrain and have an IVV rating of 1.5, suitable for strollers and wheelchairs.

**BOURNE SCALLOP FESTIVAL**

The 40th annual Bourne Scallop Festival is scheduled from September 25th through the 27th and is located just a few miles down the road on Route 6 East. The hours are 11 a.m. to 9 p.m. on Friday and Saturday, and from 11 a.m. to 6 p.m. on Sunday. This is a popular event each year and is a must for all scallop lovers. There is entertainment at various times throughout the day. General admission is \$5. The scallop dinner costs \$19, and the chicken dinner is \$17. Dinner tickets include the cost of general admission. Pamphlets will be available for perusal at the Start/Finish. See [www.bournescallopfest.com](http://www.bournescallopfest.com) for more details.

**ADDITIONAL INFORMATION:**

Verna DeVine                      Pat Damiani  
140 Scott Street                  508-888-7366  
Attleboro, MA 02703              PMDWalks@aol.com  
508-399-8512  
vernadvn@yahoo.com

**PRE-REGISTRATION FORM – Onset, MA – Must be received by September 11, 2009**

LAST NAME, FIRST, MIDDLE INITIAL	IVV Credit only - \$3.00	IVV Credit and Award -\$5.00	Free
Make checks payable to: Walk 'n Mass Volkssport Club Mail pre-registration to: Betty Foley, 807 Boston Post Road, Sudbury, MA 01776			Total: \$ _____ Pick up Walk Cards at Start table day of walk.