

SUSQUEHANNA ROVERS

Ricketts Glen State Park

Luzerne County

April 25 - September 30, 2009

6K (3.8 miles) Trail Rating 2+; a 10K (6.2 miles) Trail Rating 3+; or 12K (7.2 miles) Trail Rating 5
AT09/Y1646

This event qualifies for Waterfalls, State Parks, and Native American Culture.

Shikellamy State Park

Northumberland County

April 25 - September 30, 2009

5 or 10K (3.1 or 6.2 miles) Trail Rating 1+
Alternate Trail also includes Union County 3
AT09/Y0044

This event qualifies for State Parks, Native American Culture, Islands, Riverwalk America, Cemetery Stroll, Museum, Historic Churches, Veterans Memorials, and Authors and Literary Landmarks.

Credit Only Events

RICKETTS GLEN STATE PARK:

LOCATION: This area is a National Natural Landmark. The two branches of Kitchen Creek cut through the deep gorges of Ganoga Glen and Glen Leigh and unite at "Waters Meet" and then flow through the Glen among giant pines, hemlocks and oaks. Some of the trees are 500 years old.

START/FINISH: Park Office, 695 State Route 467, Benton, PA 17817 570-477-5675

HOURS: Office is open from 8 to 4 seven days a week. Call to be sure that the trails are open. You will then drive to the start of the trail.

TRAIL: The 12K trail will take you to "Water's Meet", up one branch of Kitchen Creek and down the other branch passing 21 waterfalls, the tallest at 94'. This trail will be damp and very rocky. The 6K trail takes you to "Waters Meet" and back to parking lot. The 10K trail is a moderate hike that takes you to the overlook for the tallest falls. Please take walking sticks, water and wear sturdy footwear. These are hiking trails not walking trails. There is also a 6K trail that does not take you to the falls, but is flat. Wheelchairs and strollers are not suggested.

SHIKELLAMY STATE PARK:

LOCATION: START/FINISH: Park Office, Bridge Ave, Sunbury, PA 17801-1005 570-988-5557

HOURS: Office is open from 8 to 4 seven days a week. Call to be sure Overlook is open - opens early May.

TRAIL: Trails at Shikellamy are paved. The rest of trail is on sidewalks and/or shoulders of roads. 10/5K trail goes from the park to Northumberland passing the Priestly House. Alternate trail goes from park, thru part of Northumberland and then up steep hill to Overlook part of the park and includes Union County and returns. Wheelchairs and strollers could be used. 5K trail does not qualify for Cemetery Stroll. Alternate trail does not qualify for Museum or Cemetery Stroll.

AWARD: There is no award for these events. But

Ricketts Glen Park Office sells tee-shirts and patches.

FEES: These events are Free to those who wish to participate without receipt of IVV credit. IVV credit only is \$3.00. There is no advanced registration.

GENERAL INFORMATION: Pets are welcome, but leash and scoop laws are enforced. Restrooms are available at the park offices.

DIRECTIONS to Ricketts Glen State Park: Take I-81 N or S to exit 170B towards Wilkes-Barre. Take PA 309 N. Turn left unto PA 118W. At Red Rock, turn Right on PA 487. Shortly after passing the top of the mountain, the main park entrance will be on the right. If you wish to travel on I-80, take exit 236 and travel north on PA 487.



DIRECTIONS to Shikellamy State Park: From North or South, take US Route 11 to PA Route 147 South (King St). Turn onto Route 147 to cross bridge, Entrance to Park will be on the right. Follow signs to the Park Office on Packer's Island.



ADDITIONAL INFORMATION: Call Pat Eby 717-761-1338; write to: The Susquehanna Rovers Volksmarch Club, 19 N. 27th Street, Camp Hill, PA 17011 or email SusqRovers@verizon.net

For info about camping or swimming - or more about the parks: www.dcnr.state.pa.us or Bureau of State Park toll free at 1-888-PA-PARKS Mon-Sat 7am-5pm.

