

**PENN DUTCH PACERS**

# Ephrata

**Lancaster County**

January 2 - December 30, 2009

10K (6.2 miles) Rated 2+  
AT09/Y0174

This event qualifies as a Authors and Literary Landmarks, Railroad Heritage, Native American Culture, Artistic Heritage, Firehouses, Museums, Veterans Memorials, and Cemetery Stroll Event.

**Location:** Ephrata is located in South Central Pennsylvania in the heart of Pennsylvania Dutch Country.

**The Walk:** Nestled amid the rolling hills of agriculturally rich northern Lancaster County, downtown Ephrata is a quaint blend of old and new. Cars, busses, and horse and buggies share a wide Main Street that has been 20th Century "streetscape" with brick sidewalks, old fashioned lamp posts, and benches for the "tired and weary." Buildings dating back a hundred years and more are filled with rustic shops and cafes.

**Start Point: Ephrata - Hampton Inn and Suites, Main Street (Route 322) and Spring Garden Street, Ephrata, PA 17522**  
(717) 733-0661

**Dates and Times:** Events are open daily from dawn to dusk.

**Procedures:** Register on the day you wish to walk at the Start Point. Ask for the Volksmarch Box. Start Cards, maps, and written directions are in the box. The Start Card must be turned in at the finish.

**Award:** This is a CREDIT ONLY event.

**Fees:** IVV Credit Only - \$3.00. You may participate in all events FREE.

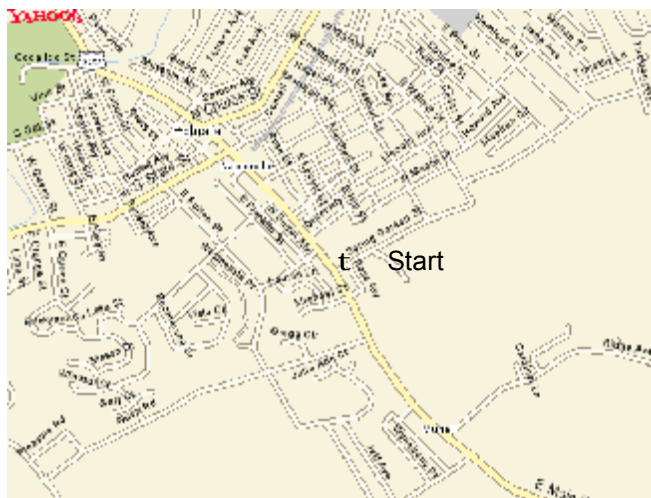
**General Information:** Water and restrooms are available at the Start Point. Other refreshments may be available at public establishments along the route. We recommend you carry water. Littering and picking the vegetation along the route is forbidden. Local law requires that all pets are leashed and must be cleaned-up after. There is a lack of curb cuts so it would be difficult for wheelchairs. Strollers would have a little difficulty.

**Disclaimer:** Neither the sponsor (Penn Dutch Pacers Volksmarch Club, Inc.), the County of Lancaster, nor the Borough of Ephrata are liable for accidents, theft or material damage. Every reasonable effort will be made by the sponsors to make this a safe, enjoyable and memorable event.

**Directions: From Lancaster:** Take Route 222 north 14 miles to Ephrata exit (Route 322). Turn left toward Ephrata, at the top of the hill turn right onto Spring Garden, and then left into the Hampton Inn parking lot.

**From the Northwest:** Follow Route 322 through Hershey to Ephrata. Proceed up the hill and turn left onto Spring Garden and into the Hampton Inn parking lot.

**From the East or PA Turnpike:** Exit at the Denver-Reading Interchange, Take Route 222 south, exit at Ephrata (Route 322). Turn right toward Ephrata, right onto Spring Garden and into the Hampton Inn parking lot.



**Additional Information:** If you have any questions or need more information, call Nelson Gladfelter at 717-733-4464; email [rmgast@comcast.net](mailto:rmgast@comcast.net)

Or, write to: Penn Dutch Pacers Volksmarch Club  
P.O. Box 7445, Lancaster, PA 17604-7445  
[www.penndutchpacers.org](http://www.penndutchpacers.org)



# PENN DUTCH PACERS

## Two Year Round Walks

### LANCASTER

Lancaster County

January 2 - December 30, 2009

**Lancaster West Walk** 10K (6.2 miles)  
Rated 1 AT09/Y1117

West Walk is a Walking Europe in the US, Courthouses, Authors & Literary Landmarks, Museum, and President Event

**Historic Lancaster Walk** 11K (6.8 miles)  
Rated 2 AT09-Y0178

This walk is a Walking Europe in the US, Courthouses, Railroad Heritage, Cemetery Stroll, and Railroad Heritage Event

**Location:** Lancaster, PA is located in South Central Pennsylvania in the heart of Pennsylvania Dutch Country.

#### Trails:

**Lancaster West Walk** - Includes Wheatland (home of President James Buchanan), the Conestoga House, the campus of Franklin & Marshall College and residential areas to the west of Lancaster. It is on paved streets and sidewalks, suitable for strollers and wheelchairs.

**Historic Lancaster Walk** - Visit Lancaster City on this 11K walk on city sidewalks, passing schools, churches, hospitals, the renovated railroad station, new baseball stadium, several city parks, and the historic down-town area, including the County Courthouse, Farmers Market, and the Fulton Opera House. Also suitable for strollers and wheelchairs.

**Registration Point: Volunteer Center, Lancaster Regional Medical Center (formerly St. Joseph Hospital), 250 College Ave. (corner of College & W. Walnut St), Lancaster, PA 17603. 717-291-8211.**

**Starting Dates and Times:** Daily from dawn to finish by dusk.

**Award and Fees:** These are CREDIT ONLY events, but there is a 4" full-color Event Patch, which may be purchased by all participants. IVV Credit Only - \$3.00. Event Patch - \$4.00. You may participate in all events FREE.

**Procedures:** There is no pre-registration. Register on the day you wish to walk at the Registration Point. **Ask for the Volksmarch Box.** Start Cards, maps, and written directions are in the Box. The Start Card must be turned in at the finish. If you wish to start before 8:00 A.M., register before 5:00 P.M. the day before. IVV Event and Distance Books may be purchased.

**Disclaimer:** Neither the sponsor (Penn Dutch Pacers Volksmarch Club, Inc.) nor the City or County of Lancaster, nor Lancaster Regional Medical Center are liable for accidents, theft or material damage. Every reasonable effort will be made by the sponsors to make this a safe, enjoyable and memorable event.

**General Information:** Water and restrooms are available at the Start Point. Other refreshments may be available at public establishments along the route. We recommend that

you carry water. Littering and picking vegetation along the route is forbidden. Local law requires that all pets are leashed and must be cleaned-up after. Wheelchair and stroller users would have medium difficulty using the trails.

**Directions: From Baltimore and South:** I-83 North to Exit 9 (York). Take US-30 East to the Harrisburg Pike Exit. Turn **right** at the top of the ramp \*\*and proceed into Lancaster on Harrisburg Avenue. At the 9th traffic light after US-30, turn **right** onto College Avenue, passing Franklin & Marshall College, to the second traffic signal. The block-long Medical Center is on your right. Three hour parking is permitted on streets surrounding the Hospital.

**From Harrisburg and North:** PA-283 East to US-30 just west of Lancaster. Follow US-30 West to the Harrisburg Pike Exit, turn **left** at the top of the ramp and follow the above instructions. \*\*

**From Philadelphia & the Northeast:** PA Turnpike West to old Exit 21 (Reading/Lancaster). Take US-222 South to US-30 just north of Lancaster. Follow US-30 West to the Harrisburg Pike Exit, turn **left** at the top of the ramp and follow the above instructions. \*\*

**From the Southeast:** Take US-30 West around Lancaster to the Harrisburg Pike Exit, turn **left** at the top of the ramp and follow the above instructions. \*\*



#### ADDITIONAL INFORMATION:

Bob Gast 717-209-0656,  
or email at [rmgast@comcast.net](mailto:rmgast@comcast.net)  
Or, write to  
Penn Dutch Pacers Volksmarch Club, Inc,  
PO Box 7445, Lancaster, PA 17604-7445  
[www.penndutchpacers.org](http://www.penndutchpacers.org)



**PENN DUTCH PACERS  
MIDDLE CREEK WILDLIFE  
MANAGEMENT AREA**

Kleinfeltersville, PA

**SEASONAL VOLKSMARCH  
Lancaster and Lebanon Counties**

Walk 10K (6.2 miles) AT09/Y1277 Rated 2+  
March 3 - September 20\*, 2009

\* Closing dates subject to change by PA Game Commission.  
Call if close to that date (717) 733-1512

This event qualifies for the Museum Program.

**Location:** Visit one of Pennsylvania's best kept secrets ...and one of its most scenic - The Middle Creek Wildlife Management Area, in Kleinfeltersville, PA in Lancaster and Lebanon Counties.

**Trail:**

Lakeview Trail through the Waterfowl Area is open through September 20th. Trail would be hard for strollers. It is not recommended for wheelchair users. It is on paved and forest roads around the lake within the Wildlife Management Area. Water fowl abounds! Seeing is believing especially during the migration period in March.

Walking season may be shortened due to waterfowl migration and propagation.

**Start/Finish:** The Visitor Center at Middle Creek Wildlife Management Area, Kleinfeltersville, PA. (717) 733-1512.

**Starting Times:** Register for event from Tuesday - Saturday from 8 AM to 4 PM and Sunday from noon to 4 PM. Complete the event by 4 PM. The Visitor Center is closed Mondays and ALL Holidays. Call for hours 717-733-1512.

**Award:** This is a CREDIT ONLY event, but there is a 4", full-color Event Patch, which may be purchased by all participants.

**Fees:** IVV Credit Only - \$3.00. Event Patch - \$4.00. You may participate in this events FREE.

**Procedures:** There is no pre-registration. Register on the day you wish to walk at the Visitor Center. **Ask for the Volksmarch Box.** Start Cards, maps and written directions are in the box. The Start Card must be turned in at the finish. If you wish to start before the published start time, register the day before. IVV Event and Distance books may be purchased.

**GENERAL INFORMATION:** Water and restrooms are available at the Visitor Center. Littering and picking the vegetation along the route is forbidden. No pets allowed.

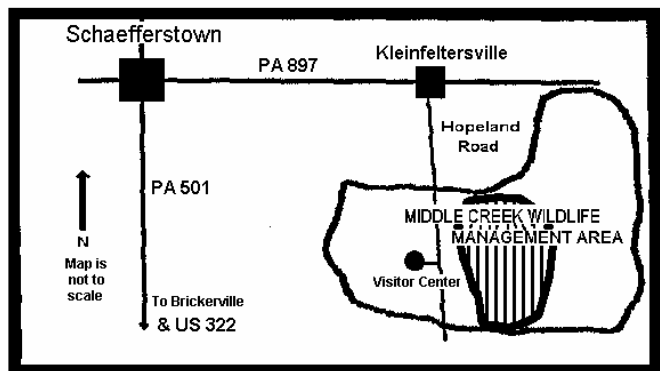
**DISCLAIMER:** Neither the sponsor (Penn Dutch Pacers Volksmarch Club, Inc.) nor the County of Lancaster or County of Lebanon, nor the Pennsylvania Fish and Game Commissions are liable for accidents, theft or material damage. Every reasonable effort will be made to make this a safe, enjoyable, and memorable event.

**DIRECTIONS: From Baltimore and South:** I-83 N to PA Turnpike. East to old Exit 20 (Lebanon/Lancaster). Left on PA 72 North, 1.7 miles to US-322 East. 8 miles to PA-501 at Brickerville. \*\* Left on PA-501 North, 5.8 miles to PA-897 at Schaefferstown. Right on PA-897 South and 2.5 miles to Kleinfeltersville. Right on Hopeland Road, 2.5 miles to Middle Creek Visitors Center. Right on Museum Road to the parking lot.

**From Harrisburg and West:** PA Turnpike East to old Exit 20 (Lebanon/Lancaster) OR US-322 East to Brickerville. Then proceed as above. \*\*

**From the North:** I-78 S to the Bethel Exit, PA-501. South on PA-501 for 14 miles to Schaefferstown. Left on PA 897 South and proceed as above. \*\*

**From the East:** PA Turnpike West to old Exit 20 (Lebanon/ Lancaster) or US 322 West to Brickerville. Then proceed as above. \*\*



**ADDITIONAL INFORMATION:**

Call Barry Weatherholtz at 717-625-3533 or email [barrynbarb@dejazzd.com](mailto:barrynbarb@dejazzd.com)

Or, write the

Penn Dutch Pacers Volksmarch Club, Inc.,  
P.O. Box 7445, Lancaster Pa. 17604-7445

[www.penndutchpacers.org](http://www.penndutchpacers.org)



Eligible for credit toward  
IVV Achievement Awards

## PENN DUTCH PACERS

Year Round Walk

### Millersville

Lancaster County

January 2 - December 30, 2009

10K (6.2 miles)

Rated 1+ AT09/Y1882

This event will qualify for the Cemetery Stoll, and Riverwalk America Program.

**Location:** Millersville, PA is a college town located in South Central Pennsylvania in the heart of Pennsylvania Dutch Country.

**Trail:** The trail takes you through some scenic housing areas and past the historic buildings of Millersville University...one of the first Pennsylvania Normal Schools, established in 1859 and now one of the fourteen universities of the State System of Higher Education. Also featured are the Crossgates Housing Development and Golf Course, the revamped Penn Manor High School, and the park at Millersville.

**Registration Point: George Street Café, 304 N. George St, Millersville, PA 17551**

[www.georgestreetcafe.com](http://www.georgestreetcafe.com) 717-872-0800.

**Starting Times:** Daily dawn to dusk.

**Award and Fees:** This is a CREDIT ONLY event. IVV Credit is - \$3.00. You may participate in all events FREE.

**Procedures:** There is no pre-registration. Register on the day you wish to walk at the Registration Point. **Ask for the Volksmarch Box.** Start Cards, maps, and written directions are in the Box. The Start Card must be turned in at the finish. IVV Event and Distance Books may be purchased.

**Disclaimer:** Neither the sponsor (Penn Dutch Pacers Volksmarch Club, Inc.) or the City of Millersville are liable for accidents, theft or material damage. Every reasonable effort will be made by the sponsors to make this a safe, enjoyable and memorable event.

**General Information:** Water and restrooms are available at the Start Point. The Student Union Building at the University has food and water available, Funk's Farm Market (when open) has fresh vegetables, food and drinks and Herr's Village Market (on the route) have all kinds of eats available. Local law requires that all pets are leashed and must be cleaned-up after. Strollers would have some difficulty, but wheelchairs would have a lot of difficulty on the trail.

**Directions: From Baltimore and York:** I-83 North to York Exit for US 30. Take US 30 East from York toward Lancaster to the Millersville Exit, PA 741. At the top of the ramp, turn right and proceed 4 miles east on PA 741 to Millersville.

**In Millersville:** turn right on PA 999 (Mennonite Church Intersection). Follow PA 999 (Manor St.) to the intersection of PA 999 and George Street. Turn left on George St. and follow George St. to the intersection with Cottage Avenue (traffic light at this intersection) Café is located on left (E).

**From Harrisburg and North:** Take PA 283 South to PA 741. Turn right and go 5 1/2 miles east on PA 741 to Millersville and follow the directions "IN Millersville".

**From the East & the Northeast:** Take PA Turnpike West to the Reading/Lancaster Exit. Take US 222 South to US 30 just north of Lancaster. Go west on US 30 around Lancaster to the Millersville Exit, PA 741. At the top of the ramp, turn left and proceed 4 miles east on PA 741 to Millersville and follow the directions "IN Millersville".

**From Philadelphia:** Take US 30 west around Lancaster to the Millersville Exit, PA 741. At the top of the ramp, turn left and proceed 4 miles east on PA 741 to Millersville and follow the directions "IN Millersville".

#### ADDITIONAL INFORMATION:

Kitty Glass - 717-872-7743

Email: [kittyglass@yahoo.com](mailto:kittyglass@yahoo.com)

Or, write to

Penn Dutch Pacers Volksmarch Club, Inc,  
PO Box 7445, Lancaster, PA 17604-7445 or  
[www.penndutchpacers.org](http://www.penndutchpacers.org)



**PENN DUTCH PACERS**  
Year Round Walk

**New Holland**  
Lancaster County

January 2 - December 30, 2009

10K (6.2 miles)

**East Trail** Rated 1+ AT09/Y1368

**West Trail** Rated 1+ AT09/Y1372

Both trails qualify for Cemetery Stroll, Authors and Literary Landmarks, and Railroad Heritage programs.

**Location:** New Holland, PA is a small rural community surrounded by many Amish and Plain Sect farms. It can trace its roots to 1728 with the first two churches established in 1730 and 1732. It is located in South Central Pennsylvania in the heart of Pennsylvania Dutch Country.

**East Trail:** This trail circles the eastern end of town going through the grounds of Garden Spot High School, new and old residential neighborhoods, then wandering around walking paths on the facilities of the retirement community known as Garden Spot Village.

**West Trail:** This trail takes you through various commercial and residential areas of New Holland to the western part of town where Case-New Holland has a large manufacturing plant. A walking trail through these facilities will show many of the New Holland farm machinery products.

**Registration Point:**

**Country Squire Motor Inn**  
504 East Main Street (PA Route 23)  
New Holland, PA.

**Starting Dates and Times:** The Inn is opened daily. It is recommended that you only walk during daylight hours.

**Award and Fees:** This is a CREDIT ONLY event. IVV Credit is - \$3.00. You may participate in all events FREE.

**Procedures:** There is no pre-registration. Register on the day you wish to walk at the Registration Point. **Ask for the Volksmarch Box.** Start Cards, maps, and written directions are in the Box. The Start Card must be turned in at the finish. IVV Event and Distance Books may be purchased.

**Disclaimer:** Neither the sponsor (Penn Dutch Pacers Volksmarch Club, Inc.) or the City of New Holland are liable for accidents, theft or material damage. Every

reasonable effort will be made by the sponsors to make this a safe, enjoyable and memorable event.

**General Information:** Water and restrooms are available at the Start Point. Local law requires that all pets are leashed and must be cleaned-up after. Stroller users would have some difficulty and wheelchair users would have a very difficult time using these trails.

**Directions: From the Lancaster:** Take PA Route 23 east about 12 miles from Route 30 at Lancaster. The Country Squire Motor Inn is on the east side of town.

**From Northwest:** Take US Route 322 East to Blue Ball. Turn right onto PA Route 23. The Country Squire Motor Inn is on the east side of town.

**From the East or Turnpike:** Take PA Route 23 west from the Morgantown exit of the PA Turnpike to New Holland. The Country Squire Motor Inn is on the east side of town.



**ADDITIONAL INFORMATION:**

Barry Weatherholtz - 717-652-3533

Email: [barrynbarb@dejazzd.com](mailto:barrynbarb@dejazzd.com)

Or, write to

Penn Dutch Pacers Volksmarch Club, Inc,  
PO Box 7445, Lancaster, PA 17604-7445 or

[www.penn dutch pacers.org](http://www.penn dutch pacers.org)



**PENN DUTCH PACERS**

**LITITZ**

**Lancaster County**

January 2 - December 30, 2009

**2 YEAR ROUND VOLKSMARCHES**

**History Walk** 10K (6.2 miles) Rated 1  
AT09/Y1283

This qualifies as a Authors and Literary Landmarks, Firehouses, Historic Churches, Museums, Railroad Heritage, and Cemetery Stroll Event.

**North Walk** 10 K (6.2 miles) Rated 1  
AT09/Y0123

This qualifies as a Railroad Heritage, Firehouses, Historic Churches, Museums, and Authors and Literary Landmarks Event.

**Location:** Lititz is located in South Central Pennsylvania in the heart of Pennsylvania Dutch Country.

**The Walks:** Stroll the quiet, shaded streets of this historic Moravian Community.

The **History Walk** visits historic Main Street, past the Moravian Church and the cemetery where General Sutter is buried. Past Linden Hall, the first all girls boarding school, Sturgis Pretzel Factory and Wilbur Chocolate Factory. You travel through residential communities, school grounds and Lititz Springs Park on paved paths, sidewalks and roads.

The **North Walk** features residential areas, the Warwick Township Linear Park, historic Main Street, the Pretzel Bakery, the Wilbur Chocolate Factory and Store, and Moravian Square with it's pre-colonial church and America's oldest girls boarding school, Linden Hall.

A treat at any time of the year, Lititz outshines itself during the Holiday Season as festive sidewalks and streets are lit by the beloved Moravian Stars. The trail is suitable for strollers and wheelchairs.

**Start Point: The Lititz Community Recreation Center, 301 W. Maple Street, Lititz, PA (717) 626-5096.**

**Dates and Times:** Events are open daily, January 2 – December 30, except Easter, Memorial Day, July 4th, Labor Day, Thanksgiving, Christmas Day, and New Year's Day. The Lititz Community Center is open: Mon. thru Fri. 6 AM – 5 PM ; Saturday 8 AM – 5 PM Sunday 1 PM – 5 PM.

**Procedures:** Register on the day you wish to walk at the Start Point. Ask for the Volksmarch Box. Start Cards, maps, and written directions are in the box. The Start Card must be turned in at the finish. If you wish to start before the Community Center is open, you may register the day before.

**Award:** This is a CREDIT ONLY event.



**Fees:** IVV Credit Only - \$3.00. You may participate in all events FREE. Event Patch - \$4.00.

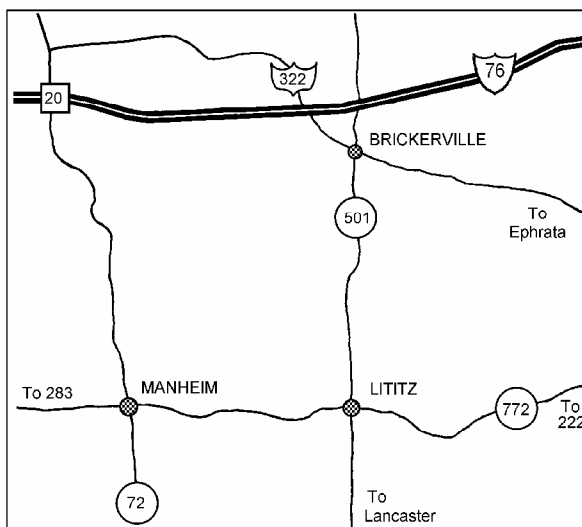
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**Disclaimer:** Neither the sponsor (Penn Dutch Pacers Volksmarch Club, Inc.), the County of Lancaster, nor the Borough of Lititz are liable for accidents, theft or material damage. Every reasonable effort will be made by the sponsors to make this a safe, enjoyable and memorable event.

**Directions: From South and West:** (York, Baltimore, DC): US-30 East from York to Lancaster. Exit at Lititz Pike, PA-501 North. Proceed north on PA-501 for 6 miles. Enter Lititz on South Broad St. and proceed to Orange St, PA Route 772. Turn **left** on Orange and go 3 blocks. \*\* Just past Warwick High School, turn **right** on School Drive. Proceed past the Stadium, turn **right**, then **left** into The Lititz Community Center driveway.

**From the East – Philadelphia:** US-30 West to Lancaster to the Lititz Pike Exit, PA Route 501 North. Follow the directions above. \*\*

**From PA Turnpike:** Take **old** Exit 20 (Lebanon/Lancaster) Turn **left** and go north on PA Route 72 a short distance to US 322. Go east on US-322 to PA-501 at Brickerville. Turn **right** at the traffic light and go south 6 miles. Enter Lititz on North Broad Street and proceed past the square to Orange Street, PA Route 772. Turn **right** on Orange and follow the above instructions. \*\*



**Additional Information:** If you have any questions or need more information, call Barry Weatherholtz at 717-625-3533; email [barrynbarb@dejazzd.com](mailto:barrynbarb@dejazzd.com) Or, write to: Penn Dutch Pacers Volksmarch Club P.O. Box 7445, Lancaster, PA 17604-7445 [www.pennndutchpacers.org](http://www.pennndutchpacers.org)