

**VOLKSMARCH SPONSOR:** Princeton Area Walkers, AVA 776

**SANCTIONED BY:** The American Volkssport Association (AVA), a member of the International Federation of Popular Sports (IVV).

**TRAIL DESCRIPTION:** A flat, mostly sidewalk trail along the beach of this small community, with an additional stretch of the "Henry Hudson Rails-to-Trails" in Keyport. **Strollers:** Easy; **Wheelchairs:** Easy; **Pets:** No

**TRAIL BACKGROUND:** This Bayside community features many older residences and mansions dating back to the early 1880's. The trail is mostly on sidewalks and the rails-to-trails path. You will also stroll along the waterfront and, if the day is clear, you will be able to view lower Manhattan, the Verrazano Bridge and most likely many sailboats cruising the waters.

**DISTANCE:** 5 & 10 KM. **DIFFICULTY:** 1 Flat

**START/FINISH LOCATION:** A 'Gazebo' located within Keyport's Municipal Parking lot located on American Legion Drive, off of West Front St, Keyport Municipal Park, 151 West Front Street, Keyport, NJ 07735 . (Next to 'Ye Cottage Inn' at 149 W. Front St.). Lot is between West Main St. and Wildwood Ave.

**START:** Register between 9:00 and 12:00 noon  
Finish by 3:00 p.m.

**DATE:** Saturday, April 9, 2005

**REGISTRATION/FEES:** Fee for IVV credit is \$3. For non-IVV members we are requesting a \$3 donation to assist in covering our expenses.

**FACILITIES:** Restrooms available at gas stations located at the Route 35 'jughandle'. Restaurants open at 10:00 a.m.

**CONDITIONS:** The event will be held regardless of weather conditions, but keep in mind that severe weather will increase the trail difficulty. Please, no littering along the trail.

**AWARD:** There is no special Award for this event. There is no pre-registration.

**EVENT PROCEDURE:** At the start point, each participant will receive a start card, which must be filled out legibly with the individual's name and address (preprinted address labels are suggested). The start card must be carried during the event and personally presented at control points along the trail. Participants missing a control point may be refused an award/or IVV credit. All cards remain the property of the sponsoring club and must be turned in at the completion of the event.

**ELIGIBILITY:** Anyone is welcome to participate in the walk. Children under 12 must be accompanied by an adult along the trail.

**IVV RECORD BOOKS:** Participants are reminded to bring their IVV record books. Additional books will be available for purchase at \$5 each.

**REFRESHMENTS:** There are several restaurants along West Front St.

**DISCLAIMER:** The sponsors of this event, their officials, members, and agents cannot be held responsible for any lost or stolen items, accidents, or injury at any time. Every reasonable effort will be made to make these events safe and enjoyable for all.

**FURTHER INFORMATION:**

Teri Morosco  
temwalks@comcast.net 732-739-1404



**www.princetonareawalkers.com**

**Year Round & Seasonal Events**

Atlantic City Walk  
2 Long Branch Walks & 1 Bike  
Moorestown Walk  
4 New York City Walks  
2 Princeton Walks  
Titusville Walk  
Westfield Walk

**2005 Event Schedule**

April 9	Historic Keyport
May 14	New York City
June 4	Liberty State Park
June 23	Atlantic City
June 25	Trenton
September 18	Rutgers University

For information on these events or club membership contact Maureen Penta (maurpenta@comcast.net) 732-229-8169.

The AVA National office maintains a voice message listing of all events by state updated monthly which can be accessed at 1-800-830-WALK (9255) and a web site at [www.AVA.org](http://www.AVA.org)



Sponsored by: **new balance**



**What is Volksporing?** The German term 'volkssport' literally means a 'sport of the people'. Anyone of any age can participate in walking, biking, swimming, or cross country skiing events. These events are not a contest of speed, rather each participant sets their own pace and only needs to complete the event before the stated finish time -- thus everyone is a "WINNER".

**Directions:**

**From the WEST (PA/DE/MD):**

take I-95 North to the New Jersey Turnpike - Exit 7A . Take I-195 EAST to the Garden State Parkway. North on the GSP to EXIT 117.

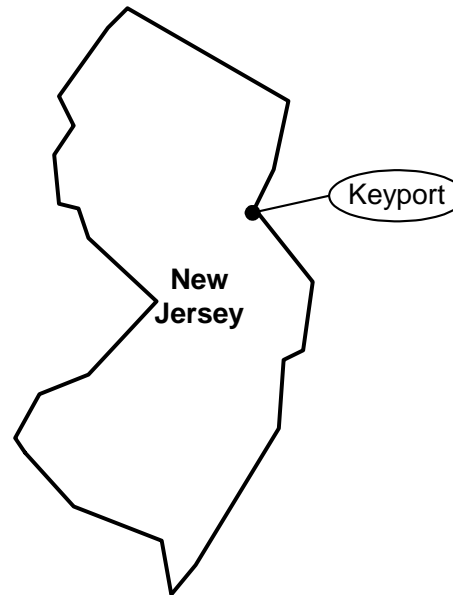
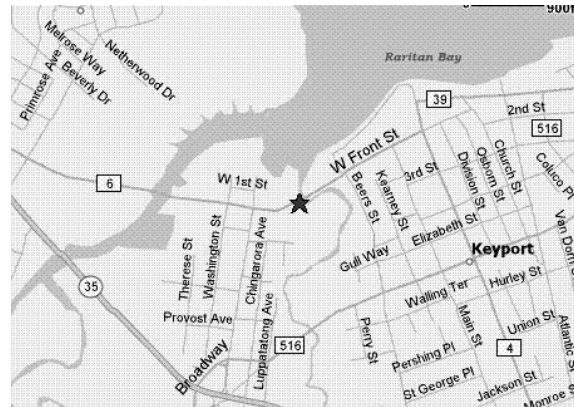
\*\*\*Follow Route 36 EAST. Just before the first traffic light (by the Shrewsbury State Bank) TURN RIGHT and then immediately LEFT (you are U-turning around the bank). You are now on Broad St. Cross Rt. 36 and follow Broad St. for 2 traffic lights. to Front St. Turn LEFT onto Front St. After the shops on the right you will see the Keyport Post Office. Turn RIGHT at the first street which is American Legion Drive. Pull into the Municipal Parking Lot on the left. The start point is at the "Gazebo" near the street. (Additional reference is "Ye Cottage Inn" #149 West Front St.)

**From the NORTH/SOUTH:**

Take the Garden State Parkway to Exit 117 (Not 117 A) Follow directions as above \*\*\*

**Parking**

There is free parking in the municipal parking lot or on the street.



# Historic KEYPORT New Jersey

**Saturday April 9, 2005**

**A 5 & 10 Kilometer  
Non-competitive Walk**



**Event AT05-71074**

**Sponsored By  
Princeton Area Walkers AVA 776**

**"Walking all over New Jersey"**



**Eligible for credit toward  
IUV Achievement Awards**