

VOLKSMARCH SPONSOR: Princeton Area Walkers, AVA 776

SANCTIONED BY: The American Volkssport Association (AVA), a member of the International Federation of Popular Sports (IVV).

TRAIL DESCRIPTION: Flat walking on pavement around the park. Follow a guide along the route.

TRAIL BACKGROUND: A level, scenic path around the park overlooking the water, Statue of Liberty, and Ellis Island. Liberty State Park is a green oasis in the middle of metropolitan northern New Jersey. With magnificent views of the New York Harbor and the Manhattan skyline, it is truly a gem of the Northeast. Its history was significant in the development of this country as it stands along with Ellis Island and the Statue of Liberty as part of the trilogy of hope for many immigrants who came to this country during the late 1800's through the mid-1900's. This trail includes a beautiful walk along Upper New York Bay (New York Harbor) from the New Jersey side. View Liberty Island, Ellis Island and the Statue of Liberty. Feel free to ferry over in the course of the day. The park service and the Princeton Area Walkers hope you will enjoy the many historic, cultural and environmental features of this area - including the Interpretive Center, Central Railroad of NJ Terminal (ferry service), Liberty Science Center and recreational facilities.

SPECIAL EVENTS: Lighthouse – Statue of Liberty

DISTANCE: 10 KM. **DIFFICULTY:** 1

START/FINISH LOCATION: Liberty State Park, CRRNJ Terminal, northeast part of park on Audrey Zapp Drive. 201-915-3400; www.njparksandforests.org/parks/liberty.html <http://www.getnj.com/lsp/lspmaps.shtml>

START: Register between 8:00 and 11:00 a.m. Finish by 3:00 p.m. Walks will depart with guides at 9 AM, 9:30 AM and 10 AM

DATE: Saturday, June 4, 2005

REGISTRATION/FEE: Fee for IVV credit is \$3. For non-IVV members we are requesting a \$3 donation to assist in covering our expenses.

FACILITIES: Restrooms available at start and 5km.

CONDITIONS: The event will be held regardless of weather conditions, but keep in mind that severe weather will increase the trail difficulty. Please, no littering along the trail. Pets are permitted in the park on a leash.

AWARD: There is no special Award for this event. There is no pre-registration.

EVENT PROCEDURE: At the start point, each participant will receive a start card, which must be filled out legibly with the individual's name and address (preprinted address labels are suggested). The start card must be carried during the event and personally presented at control points along the trail. Participants missing a control point may be refused an award/or IVV credit. All cards remain the property of the sponsoring club and must be turned in at the completion of the event.

ELIGIBILITY: Anyone is welcome to participate in the walk. Children under 12 must be accompanied by an adult along the trail.

IVV RECORD BOOKS: Participants are reminded to bring their IVV record books. Additional books will be available for purchase at \$5 each.

REFRESHMENTS: Water and hard candy will be available at the start point. Food: Tourist Fare at the start point or bring your own picnic.

DISCLAIMER: The sponsors of this event, the NJ Department on Environmental Protection, Division of Parks and Forestry, State Park Service at Liberty State Park, their officials, members, and agents cannot be held responsible for any lost or stolen items, accidents, or injury at any time. Every reasonable effort will be made to make these events safe and enjoyable for all.

FURTHER INFORMATION:

Donna Coulson
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www.princetonareawalkers.com

Year Round & Seasonal Events

Atlantic City Walk
2 Long Branch Walks & 1 Bike
Moorestown Walk
4 New York City Walks
2 Princeton Walks
Titusville Walk
Westfield Walk

2005 Event Schedule

April 9	Historic Keyport
May 14	New York City
June 4	Liberty State Park
June 23	Atlantic City
June 25	Trenton
September 18	Rutgers University

For information on these events or club membership contact Maureen Penta (maurpenta@comcast.net) 732-229-8169.

The AVA National office maintains a voice message listing of all events by state updated monthly which can be accessed at 1-800-830-WALK (9255) and a web site at www.AVA.org



Sponsored by:  newbalance



What is Volksporing? The German term 'volksport' literally means a 'sport of the people'. Anyone of any age can participate in walking, biking, swimming, or cross country skiing events. These events are not a contest of speed, rather each participant sets their own pace and only needs to complete the event before the stated finish time -- thus everyone is a "WINNER".

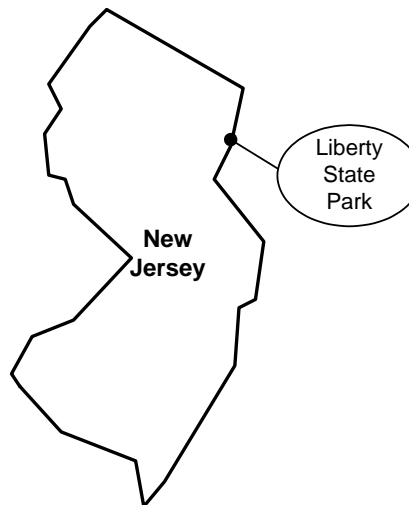
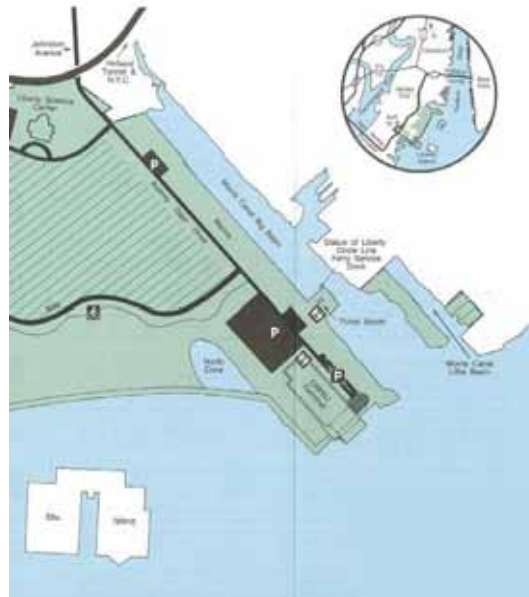
Directions:

From NY, PA, or NJ take the New Jersey Turnpike Extension from North or South to Exit 14B.

From the west take I-195 to the New Jersey Turnpike, then to exit 14B.

Follow the signs for Liberty State Park into the Park. The Start Point is the CRRNJ Terminal located on Audrey Zapp Drive at the Northeast corner of the park.

When entering the park, go left toward the Science Center and continue past it to Audrey Zapp Drive and turn right. Continue straight on Audrey Zapp Drive, past the Marina, towards the CRRNJ Terminal.



LIBERTY STATE PARK

**Liberty Lighthouse
Jersey City, New Jersey
(Hudson County)**

Saturday June 4, 2005

**A 10 Kilometer
Non-competitive Walk**



Event AT05-68502

Sponsored By

Princeton Area Walkers AVA 776

"Walking all over New Jersey"



**SANCTIONED
EVENT**



*Eligible for credit toward
IUV Achievement Awards*