



# Estell Manor at Mays Landing New Jersey

Sunday  
April 18, 2004

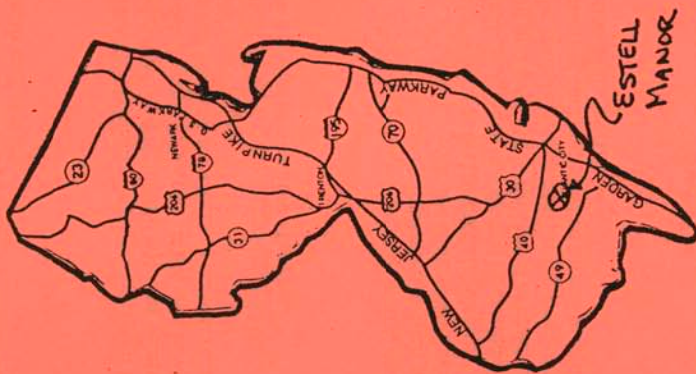
Trail Rating: 1 +

CREDIT ONLY

11 Kilometer Walk  
9:00 AM - 12:00 PM Start

Event AT04-59886  
Sponsored by  
Princeton Area Walkers  
AVA 776

"Walking all over New Jersey"



ONLY 15 MILES FROM  
ATLANTIC CITY CASINOS!!!!

The AVA National office maintains a voice message listing of all events by state updated monthly which can be accessed at 1-800-830-WALK (9255) and a web site at [www.AVA.org](http://www.AVA.org).

**What is Volkssporting?** The German term 'volksport' literally means a 'sport of the people.' Anyone of any age can participate in walking, biking, swimming, or cross country skiing events. These events are not a contest of speed, rather each participant sets their own pace and time -- thus everyone is a "WINNER." One can also receive a commemorative award upon completion of the event by paying the proper fee at registration. In addition, one may enroll in the International Achievement Awards Program.

#### DIRECTIONS:

**From the GSP North:** Exit 36, Atlantic City/Pleasantville, US40. Right at light to circle. Second right on circle to US40/322 West. Follow 5 miles to Hamilton Mall on right. Take second jughandle for US40 West. Follow 4 miles to Mays Landing. Left at NJ50 South/US40 West. Left at NJ 50 South split. Follow NJ50 South 3-1/2 miles to park entrance on left.

**From Philadelphia:** AC Expressway to NJ50 South. Stay on NJ50 South through Mays Landing, then 3-1/2 miles to park entrance on left.

**From Washington, Baltimore, and points South:** I-95 North to Delaware Memorial Bridge to US40 East. Follow to Mays Landing. Make right at light for NJ50 South. 3-1/2 miles to park on left.

**From New York and points North:** NJTPK South to GSP South to Exit 36. Follow as above.



Eligible for credit toward  
I/V Achievement Awards

**VOLKSMARCH SPONSOR:** Princeton Area Walkers, AVA 776

**SANCTIONED BY:** The American Volkssport Association (AVA), a member of the International Federation of Popular Sports (IVV)

**TRAIL:** Flat walking on firm sugar sand and other natural surfaces. Follow markings and map.

**TRAIL BACKGROUND:** This historic trail passes the ruins of a Civil War Window Plate Glass Factory, a Native American village display, and the ruins of a post-WWI Bethlehem Steel Artillery Shell Factory. The Window Plate Glass Factory was built by the Estell family in 1826 and was operative until the early 1870s. In the early 1900s the property was sold to Bethlehem Steel, who then built the shell factory in anticipation of the war ended, and was abandoned shortly thereafter, the property being sold to the state. The county purchased it in 1974 and developed the first county park there, which still includes a gun club. The Native American display is an ongoing Boy Scout project.

**DISTANCE:** 11KM.

**DIFFICULTY:** AVA Rating 1+.

**START/FINISH:** Pavilion A of Atlantic County Park at Estell Manor, Rte 50, Mays Landing, NJ.  
**Local POC:** Mr. Clayton Ingersol 609-645-5960, fax 609-645-5868.

**START:** 9 AM - 12 Noon      **FINISH:** by 3 PM

**DATE:** Sunday, April 18, 2004

**CONDITIONS:** The event will be held regardless of weather conditions, but keep in mind that severe weather will increase the trail difficulty. Please, no littering along the trail. Sorry, pets are not permitted in the park.

**FACILITIES:** Restrooms will be available at the start/finish and at 6 km.

**REGISTRATION/FEE:** This event is FREE to those who wish to participate without receiving IVV credit. Fee for IVV credit is \$3. For new walkers not walking for credit - you will receive a free PAW coupon for your first walk. For subsequent walks we are requesting a \$3.00 donation in order to cover our expenses.

**EVENT PROCEDURE:** At the start point, each participant will receive a start card, which must be filled out legibly with the individual's name and address (preprinted address labels are suggested). The start card must be carried during the event and personally presented at check points along the trail. All cards remain the property of the sponsoring club and must be turned in at the completion of the event.

**ELIGIBILITY:** Anyone is welcome to participate in the walk. Children under 12 must be accompanied by an adult along the trail.

**IVV RECORD BOOKS:** Participants are reminded to bring their IVV record books. Additional books will be available for purchase at \$5 each.

**REFRESHMENTS:** Water and hard candy will be available at the start point and checkpoints. Fine restaurants and fast food 3-1/2 miles north in Mays Landing.

**DISCLAIMER:** The sponsors of these events, their officials, members, and agents cannot be held responsible for any lost or stolen items, accidents, or injury at any time. Every reasonable effort will be made to make these events safe and enjoyable for all.

**FURTHER INFORMATION:** Charles Kaiser  
Day: 732-427-5996      Night: 732-840-1130  
e-mail: charles.kaiser@mail1.monmouth.army.mil

**Princeton Area Walkers**  
**Every Day Year Round Events**  
Atlantic City Walk  
Long Branch: 2 Walks & 1 Bike  
Moorestown Walk  
Princeton: 2 Walks  
Titusville (Washington Crossing) Walk  
Westfield Walk

**2004 Event Schedule**  
March 20    Plainsboro, NJ  
April 18    Estell Manor  
May 8      South River, NJ  
June 5     Long Beach Island, NJ  
August 7   Allentown, NJ  
October 2   Metuchen, NJ  
October 23   Freehold, NJ

For information on these events or club membership contact Maureen Penta 470 D Ocean Boulevard, Long Branch, NJ 07740, 732-229-8169 (maurpenta@comcast.net).

[www.princetonareawalkers.com](http://www.princetonareawalkers.com)

P R I N C E T O N   A R E A  
**WALKERS**