



**DIRECTIONS:** It is recommended that you park at the Aloha Stadium and take the free bus service to the start point (Aloha Tower). Bus service from the Stadium begins at 4:00A.M. Last bus leaves at 6:00A.M. The Stadium is located at 99-500 Salt Lake Blvd, Aiea.

From Honolulu (East or Windward Oahu): Take H-1 West, slight right at H201W, exit 1D for H-3 East toward Kaneohe. Almost immediately, exit 1E on left toward Stadium/Halawa/Camp Smith, continue straight, then left on Kahuapaani St, and right on Salt Lake Blvd.

From Leeward (or West Oahu): Take H-1 East, and exit on 13B toward Halawa Heights-Stadium. Merge onto H-201 East. and exit 1B toward Halawa Hts/Halawa Valley/Stadium. Keep right at the fork, follow signs for Pearl Harbor/Stadium, and merge onto Kahuapaani St. Turn right on Salt Lake Blvd.

## *Menehune Marchers Volkssport Club* Presents a 13K Volksmarch (Walk)



### **Great Aloha Run "Piggy-back Event"** In Honolulu, Hawaii

**Monday, February 20, 2012**

AVA456

PA 90939

THE  
*Spirit*  
OF WALKING



## GREAT ALOHA RUN - PIGGY BACK EVENT

**START LOCATION:** Aloha Tower, Nimitz Highway at Pier 9  
Downtown Honolulu, Island of Oahu

**FINISH LOCATION:** Aloha Stadium, 99-500 Salt Lake Blvd,  
Honolulu, Island of Oahu

**START TIME:** 7:00 A.M. - Sunrise

**RATING:** 1A, 13KM (8.15 miles)

**COURSE DESCRIPTION:** Relatively flat course, paved surfaces, sidewalks, streets some shoulders with a few rolling hills at the end. Course starts at Aloha Tower in downtown Honolulu, winds its way along a historic harbor, down Nimitz Highway, and onto Aloha Stadium.

**AMENITIES:** Water, aid stations, & portable toilets available at start & finish points, and 3, 5, & 7 mile marks.

**REGISTRATION:** Pre-registration required by February 10, 2012 if IVV is desired. In addition, you **must** register for the Great Aloha Run and follow all their specifications. They will send you a postcard for free admission to the EXPO at the Blaisdell Center to pick up your race packet and running number.

**AWARDS:** This walk will be for credit only. However, you will get a T-shirt from the Great Aloha Run as a souvenir of this fun walk.

<b>FEES:</b> IVV credit only	\$3.00
No credit or award	Free

### FOR MORE INFORMATION ABOUT THE EVENT:

Contact Carol or Dennis Romig at 626-3575. On the day of the event, contact us at 294-8637 (cell).

This event is sanctioned by the American Volkssport Association (AVA), a member of the International Federation of Popular Sports (IVV).

### Menehune Marchers Pre-Registration (GAR)

Name/Address	IVV Credit \$3	Free	Phone #

Mail to Carol Romig, 95-211 Kemu Place, Mililani, HI 96789.  
Make check payable to Menehune Marchers

**EVENT/DISTANCE STAMP:** Stamped inserts will be mailed to you upon completion of the event.

### UPCOMING EVENTS:

Diamond Head Hui Hele - February 19 (Sun)

### Website:

<http://www.ava.org>

<http://www.ava.org/club/menehunemarchers>