

Start Point: 25 Quackenbush Square, Albany, NY

From the South: NYS Thruway to exit 23, take I-787 North to Exit 4 (downtown Albany). Follow signs to Clinton Ave. At bottom of exit ramp turn right onto Broadway (follow directions at bottom) -

From the North: Take Northway(I-87) south to I-90 East (follow next two directions)

From I-90 East or West: Go to I-787 South; Go to Exit 4B(Clinton Ave.) At bottom of ramp turn right onto Broadway -

On Broadway: Visitors Center will be on immediate right. Go past the Center & take first right onto Spencer St. Go to end, turn right on Montgomery St. to end. On Sunday, there is free parking under bridge area near Visitors Center.



For further information about this event, please contact:

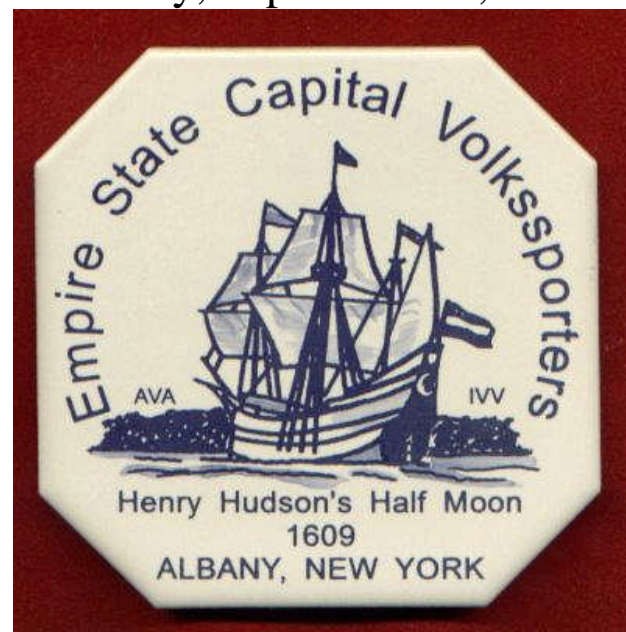
Doug & Jackie Reynolds (518)286-3057 dougreynolds@juno.com

For more information about our club, send your request:

Empire State Capital Volkssporters
PO Box 5464, Clifton Park, NY 12065-5464
<http://www.ava.org/clubs/ESCV>

THE HENRY HUDSON EVENT ALBANY, NY

Sunday, September 20, 2009



"A" Award

10K/6K Walks

AVA SPECIAL EVENT PROGRAMS:

**Artistic Heritage; Authors/Landmarks; Courthouses;
Churches; Museums; Native Americans; Railroad; Riverwalk;
States/Capitals; Veterans Memorials; & A-Z**

Sponsored By

Empire State Capital Volkssporters



Sanctioned Event 83661

Eligible for credit toward IVV
Achievement Awards

AVA RULES & CONDITIONS

Start/Finish: Albany Urban Cultural Park Visitors Center, 25 Quackenbush Square, Albany, NY. Sundays, at end of Montgomery St., there is free parking under bridge area near the Visitors Center.

Time: Sunday, Sept. 20, registration is 12:15–12:40 pm for those wanting to view before the walk a wonderful, free slide show, “Albany-The Cultural Crossroads”. Those not wanting that option may register from 12:15–1:00 pm. There will be a guided walk at 1:00 pm following the slide show. Those wishing to walk earlier as a self-guided walk may start anytime after registration. It is strongly recommended that persons team up in small groups for their 10/6K thru the city.

Trail Ratings: 2 The event will have a 10K & 6K version. Routes will start from the Visitors Center and travel along city streets. Both trails will go up Capital Hill in stages to help ease the change in elevation.

Stipulations: There is no pre-registration, & this walk will take place regardless of weather. At time of registration, each participant accepts the guidelines for AVA Volkssport events. There are no refunds, if walk is terminated for any reason, books will be stamped accordingly. Pets must be leashed. Children under 12 must be accompanied by an adult and watched carefully, especially near roads and waterways. Smoking is prohibited in public buildings by NYS Law.

Procedure: Each participant must register and sign a waiver at the “Start” table.

Fees:

"A" Award & IVV Credit - \$7.00
IVV Credit Only - \$3.00
Non-Credit Walker - \$2.00

IVV Books: Event & Distance books will be available at the Start/Finish location for \$5.00 each. You may receive one (1) Event Credit for this event, and Distance Credit may be earned each time the course is completed.

Disclaimer: The American Volkssport Association, ESCV, the City of Albany, or any properties associated with this walk cannot be held responsible for any lost or stolen items, damage, accident or injury of any kind at any time. Every effort has been made to make this a safe and enjoyable event.

Restrooms: Available at Start, Mid Point, & Finish.

Donations: The foundation to support the Half Moon’s activities.

ESCV YRE/SRE 2009Walks:

Albany, NY; Amsterdam, NY; Bennington, VT; Caroga Lake, NY; Colonie Crossing, Colonie, NY; Cooperstown, NY; Johnstown, NY; Lake George, NY; Scotia, NY; Saratoga Springs, NY; Saratoga State Park walk; Schenectady, NY; Saratoga Battlefield, Stillwater, NY; Williamstown, MA; Troy, NY

Background: The 10K/6K walks commemorate 400th Anniversary of Henry Hudson’s voyage up a river that now bears his name. Records very on date he arrived with his crew of 20 off what is now Albany, but it was probably Sept. 19-22, 1609. Hudson was actually on his 3rd trip to find an elusive passage through N. America for Far East spices. Before, he was funded by English, but now was under contract with the Dutch, so flew their flag on his ship, the Halve Maen (Half Moon), & claimed lands for The Netherlands. As before, ice in northern seas turned him southward as far as Carolinas. On his way back north, he entered what is now NY Harbor, that had been seen, but not explored, by others who gave the large river different names: Grande River; Rio de San Antonio; River of the Steep Hills; Native Americans called it Great Waters Constantly in Motion; Hudson called it River of Mountains. Just 5 yrs of his leaving that Oct., Dutch established Ft. Van Nassau(1614) 1 ¼ mi south of Dunn Memorial Bridge that became so profitable because of fur trade, a larger community had to be created, Ft. Orange (1635) & Beverwijck (1652) near Dunn Bridge. English took over the Valley & established Ft. Frederick (1698), now Albany, but Dutch remained the Valley’s language & customs for over 100 yrs.

This event will lead off with a short slide show, “Albany-The Cultural Crossroads” that will rapidly cover over 400 yrs of local history that will help set the stage for your tour. The reoccurring theme is that Dutch history is still with us in the Hudson Valley through its architecture, names, and customs. These walks will focus on Dutch history & provide you (on return visits to some sites) background as to the important contributions that resulted from Hudson’s visit to this region of NYS, & commerce that followed. The routes will pass the Dutch Reformed Church (1798), started in 1642 as first church in Albany. It will continue by passing through Albany Institute of History & Art (without stopping nor paying admission fee) where there is an extensive Dutch Heritage collection, providing participants a view of its location & car parking so you can return to have ample time to see the artifacts. The route will go along Rockefeller Mall & through NYS Museum to another Dutch exhibit for a quick peak, but again, plan to return to study the artifacts more closely. (Rest rooms are available there). Only the 10K route will go on through Lincoln Park, the 2nd largest in Albany, then over to Revolutionary War’s Major Gen. Philip Schuyler’s Mansion (1761) to look at the grounds. This is another site to put on your short-list for a follow up visit to see the Mansion’s interior that has been the scene of many notable guests: Washington, Franklin, British Gen. Burgoyne after his surrender at Saratoga, & Alexander Hamilton’s wedding to Schuyler’s daughter, Elizabeth. Schuylers had Dutch heritage that caused Gen. Schuyler difficulties with other patriot generals & soldiers who were English. Both trails will go to the shore of the Hudson River for a close-up look at the River that has played such an important role in American history.