

MAKE IT A WEEKEND

The **ROCKY MOUNTAIN WANDERERS** has a village walk in Vail. Spend the weekend, do both events and enjoy a great Oktoberfest!

LODGING DISCOUNT

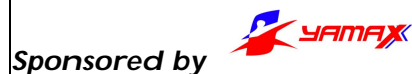
The **Lift House Condominiums** is offering us a discounted rate of \$84 per night per unit for two adults. You must identify yourself as being a participant of the Colorado High Country Hikers Volksmarch Event. You may contact the Lifthouse at 1-800-654-0635, or view their website at www.lifthousevail.com. The Lift House is located in the same building as the start point, the Montauk Restaurant.



OKTOBERFEST INFORMATION



Sep 11, 2009 - Sep 13, 2009 - 8:00 AM-5:00 PM. The Oktoberfest features food, entertainers and expo booths which are located in Lionshead/Arabelle. There are a multitude of fun and exciting events. In addition to bratwurst-eating contests, there are contests for keg bowling and many specialty activities for kids. Oktoberfest includes free concerts and live music. You can witness demonstrations of alpine horns and yodeling. Come and enjoy one of the most fun events to take place in Colorado.

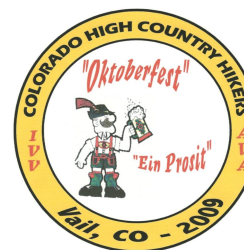


DISCLAIMER: The sponsors are not liable for accidents, thefts and/or any material damage. Every effort will be made by the sponsors to make this a safe, enjoyable and memorable event. Children under 12 must be accompanied by an adult



It's the "Top of the Mountain" VAIL, CO

OKTOBERFEST VOLKSMARCH



Medal with
Gold Neck
Ribbon

5 & 10 KM

September 12, 2009

This walk is entirely over 10,000 Ft.

Walk slowly, drink plenty of water and enjoy the beauty of Vail Mountain before joining in the festivities of the Lionshead Oktoberfest.

NOT ACCESSIBLE FOR WHEELCHAIRS OR STROLLERS



Sanctioned Event

Eligible for credit toward
IVV Achievement Awards



AVA-671/CO-08

www.ava.org/clubs/CHCH

RM 09-84181

START/: Montauk Restaurant in Lionshead

FINISH Vail, CO

DATES: September 12, 2009

TIMES: Start: 9:30 AM - 12:30 PM

Finish: 4:00 PM

DISTANCE: 5 and 10 KM Walks

FEES: Pre-registered Award & Credit \$ 5.00

Award and IVV/AVA credit \$ 6.00

IVV/AVA Credit \$ 3.00

Participation ONLY FREE

Club Pin \$ 3.00

Gondola Fee (Adults 13-64) \$15.00

(Seniors 65+) \$13.00

(Children 1-12) FREE

TRAIL AND RATING: The trail is rated a 3+ due to altitude.

Trail will be on varied terrain.

RECOMMENDATIONS: It is suggested that you dress in layers, wear sunscreen, and carry raingear, water and snacks. Hike

SLOWLY at this altitude.

IVV ACHIEVEMENT AWARDS: This event is open to the public.

Everyone is invited to participate. The event is sanctioned by the American Volkssport association (AVA) a member of the International Federation of Popular Sports *IVV) and qualified for IVV Achievement Awards.

CONTACT: Dave or Claudia Johnston, 31062 Wildwoods, Evergreen, CO 80439, Phone 303 674-0317, E-mail: dave@johnston.net or cjj38@msn.com.

NAME	ADDRESS	AWARD & CREDIT	CREDIT	FREE	AMOUNT PAID

By Sep 4, 2009 Mail to: Dave Johnston, Colorado High Country Hikers
31062 Wildwoods, Evergreen, CO 80439

DIRECTIONS TO VAIL: From Denver: Take I-70 West from Denver to the main Vail Exit. Circle the round a bout into Vail and take the Frontage Road to the right to the Lionshead Parking Structure where parking is free during the summer.

DIRECTIONS TO THE START POINT: Walk down the stairs from the parking structure and turn right into Lionshead Mall. Pass Charlie's T-shirts and veer right to the start point, the Montauk Restaurant.

Join the Colorado High Country Hikers
Dues are \$10.00 Single or Family = One Vote

The Colorado High Country Hikers emphasizes more challenging events with routes on trails in the foothills and high country. If this sounds of interest to you please fill out the form below and send it to:

David Land, Membership Chairman, 2872 Bergen Hill Drive, Evergreen, CO 80439

Name: _____ Phone: _____

Address: _____

City _____ State _____ Zip _____

E-mail: _____