

**AMERICAN VOLKSSPORT ASSOCIATION  
EXECUTIVE COUNCIL AGENDA ITEM**

**Introduction of Business:**

**I move that:**

The following Long Distance Walk policy be inserted as subparagraph C to paragraph 4.03 YEAR ROUND AND SEASONAL VOLKSSPORTING EVENTS, II. POLICY, of the AVA Policy Manual

- C. Long Distance Walks. A Long Distance Walk (LDW) is a self-guided walk of distances greater than one day's duration, with a minimum distance of 80 kilometers. Long Distance Walks will follow the General Rules for Events, with the following stipulations.
  - 1. Requirements for Approval. Particular attention must be paid by event approving authorities to assure that each LDW event complies with IVV and AVA requirements for events and safety. The following requirements must be observed:
    - a. Start/Finish. Event organizers may use start/finish boxes located at the beginning and end of Long Distance Walks or major segments of very long walks such as the Appalachian, Continental Divide and Pacific Crest National Scenic Trails. Alternatively, event organizers may require advance event registration by mail or email.
    - b. Route Maps and directions. Maps and directions must be provided for each Long Distance Walk. However, if the walk is located on a national or regional trail marked by route signs, published directions are acceptable.
    - c. Event Description. Event materials must clearly identify start and finish points and the means for proving satisfactory completion of the trail, whether by check points, key questions, punches on start cards, or time-stamped receipts from local merchants or park stations. Event instructions must be clear and unambiguous.

- d. Event Advertising. Brochures and advertising materials must show the IVV logo, the sanction number of the event and must bear the remark: "This event is valid for achievement of the International Volkssport Award."
  - e. Food and Lodging. Each participant is solely responsible for food lodging and equipment.
  - f. Distance. Distances stated in the program must be accurate. The total event distance must be at least 80 km.
  - g. Upon completion of the LDW, the participant presents the completed walking program and IVV record book in person or by mail.
  - h. IVV Credit. The participant shall receive the IVV stamp only for distance amount and event stamps earned. The organizer must carefully check whether the LDW has been completed correctly according to the event instructions.
    - 1) Event stamp. One event stamp is entered into the IVV Event Record Book for each day of participation.
    - 2) Distance. Actual completed kilometers are entered into the IVV Distance Record Book.
  - i. Awards. An event award should be provided for completion of a LDW. Awards may only, and without exception, be given to those participants who actually completed the total LDW.
  - j. Partial Completion. If a participant does not completely finish the LDW, the participant may be given credit in IVV record books for the amount completed.
2. Participation on consecutive days is not required.

**Summary of Proposed Action:**

Approval of this motion will provide policy for Long Distance Walk Events.

**Motion Submitted By:** Wayne Holloway, Pacific Regional Director

**Seconded By:**

**Action:** Motion Carried      Motion Failed