

AVA 14th Biennial Convention Workshop Schedule June 22 - 24, 2005

Please select up to three workshops per session per day and indicate your first, second and third choice workshop by designating a '1' or a '2' or a '3' in the box next to the Course ID.

Wednesday, June 22, 2005

Session 1: 8:00 a.m. - 8:50 a.m.

Course ID:	101 []	102 []	103 []	104 []	105 []	106 []
Workshop Title:	Weekend Warriors - Beware of Sports Injuries (H&F)	How to Run a More Effective Meeting (PD)	Volunteer Management - Every Club's Business Part I (CT)	America On the Move: Building Healthier Communities through Simple Steps (CP&P)	Results of the AVA Survey (OT)	AVA Special Events - What Are They? Part I (BnB)
Presenter:	<i>MJ Wetzler, MD</i>	<i>Paul Lamb</i>	<i>Suzanne and Bob Wright</i>	<i>Laura Simonds</i>	<i>Curt Myron</i>	<i>Joan Lampart, Host</i>

Session 2: 9:00 a.m. - 9:50 a.m.

Course ID:	201 []	202 []	203 []	204 []	205 []	206 []
Workshop Title:	How to Promote Your Events in <i>The American Wanderer</i> (CT)	Veterans on the "MOVE": (CP&P)	Volunteer Management - Every Club's Business Part II (CT)	The Pinelands National Reserve - The Lure of the Pine Barrens (OT)	Club Leadership - Are Your Club Meetings/Activities in the Forming, Storming or Performing Stage? (PD)	AVA Special Events - What Are They? Part I (BnB)
Presenter:	<i>Laurel Parrott and Donna Seline</i>	<i>David Van Winkle</i>	<i>Suzanne and Bob Wright</i>	<i>Ted Gordon</i>	<i>Donna Coulson</i>	<i>Joan Lampart, Host</i>

Thursday, June 23, 2005

Session 3: 10:00 a.m. - 10:50 a.m.

Course ID:	301 []	302 []	303 []	304 []	305 []	306 []
Workshop Title:	World Walking: An Introduction to the International Walking Assn (aka IML) (OT)	Designing a Club Web Site (CT)	Stretching and Exercise Before Your 10K Walk (H&F)	Patches to Quilts in 12 Easy Steps (BnB)	Officer Training Part I (PD)	Quality Events - Getting Back to Basics Part I (CT)
Presenter:	<i>Regina Overholt and Tim Miner</i>	<i>Patrick Deely</i>	<i>Loretta Baum</i>	<i>Beate Hait</i>	<i>Curt Myron</i>	<i>Lynette Reagan and Donna Seline</i>

Session 4: 11:00 a.m. - 11:50 a.m.

Course ID:	401 []	402 []	403 []	404 []	405 []	406 []
Workshop Title:	IRC 501(c)(3) Status and Your Club (CT)	Working with GSA Councils: Helping Girls Be Healthy Today, Healthy Tomorrow (CP&P)	Ten Days that Saved America (OT)	AVA as a Member of the "World of IVV" (OT)	Officer Training Part II (PD)	Quality Events - Getting Back to Basics Part II (CT)
Presenter:	<i>Bob Wright</i>	<i>Wendy DeGiglio</i>	<i>Art Driedger</i>	<i>Lynn Clark</i>	<i>Curt Myron</i>	<i>Lynette Reagan and Donna Seline</i>

Friday, June 24, 2005

Session 5: 10:00 a.m. - 10:50 a.m.

Course ID:	501 []	502 []	503 []	504 []	505 []	506 []
Workshop Title:	Fund Raising - Tips from the Masters (PD)	Electronic Sanctioning (CT)	Partnering with Community Organizations (CP&P)	Meet The Headquarters (CT)	Walking and Your Feet (H&F)	How to Attract Young Professionals to Volkswalking (CT)
Presenter:	<i>Howard Cusick</i>	<i>Ron Drumm</i>	<i>Lynette Reagan</i>	<i>Jackie Wilson</i>	<i>NJ Podiatric Assn</i>	<i>Terri Bruce</i>

Session 6: 11:00 a.m. - 11:50 a.m.

Course ID:	N/A	N/A	N/A	N/A	N/A	N/A
Workshop Title:	Regional Meeting	Regional Meeting	Regional Meeting	Regional Meeting	Regional Meeting	Regional Meeting
Presenter:	<i>Regional Director</i>	<i>Regional Director</i>	<i>Regional Director</i>	<i>Regional Director</i>	<i>Regional Director</i>	<i>Regional Director</i>

Registration Information: Please use a separate registration form for each person and retain a copy for your records.

Name: _____ Volkssport Associate Number: _____
 Address: _____ Club: _____
 City: _____ State: _____ Zip: _____
 Phone: _____ E-mail: _____

Legend: BnB - Bring & Brag; CP&P - Community Partnerships & Programs; CT - Club Toolbox; H&F - Health & Fitness; OT - Other; PD - Professional Development